

how-to guide:

# Home-Delivered Meals from

Unfortunately, we don't sell our highly nutritious and delicious SunMeadow brand meals directly to individuals. However, they are available through various agencies and managed-care organizations. Eligibility to receive home-delivered meals varies from state-to-state and depends on available funding and plan design. Follow the steps below to find out if you are eligible!

## Visit [www.eldercare.gov](http://www.eldercare.gov)



### STEP 1

Go to [www.eldercare.gov](http://www.eldercare.gov) and enter your zip code and click the "Search" button. There will be a list of local Area Agencies on Aging. Some may not have meals listed in the description, but they can still help you.

If you'd prefer, you can call 1-800-677-1116. They will give you the contact information for your local agency.

or call 1-800-677-1116

## Contact your AoA office



### STEP 2

There will be several ways available to contact your AoA office, such as email, phone number, and TTY phone. Some agencies have forms on their websites you can complete for a referral. They will walk you through the steps of qualifying for home-delivered meals.

## Ask for GA Foods



### STEP 3

Once you are qualified, ask to have GA Foods as your meal provider. Not only will we deliver the meals directly to you, we will also help you put them away.

### Do you receive Medicaid benefits?

If you currently receive Medicaid benefits and have an assigned case manager, you may already be eligible. Contact your case manager to find out if you can receive home-delivered meals. If you are eligible, you are allowed to choose your home-delivered meals provider, so be sure to ask for GA Foods!