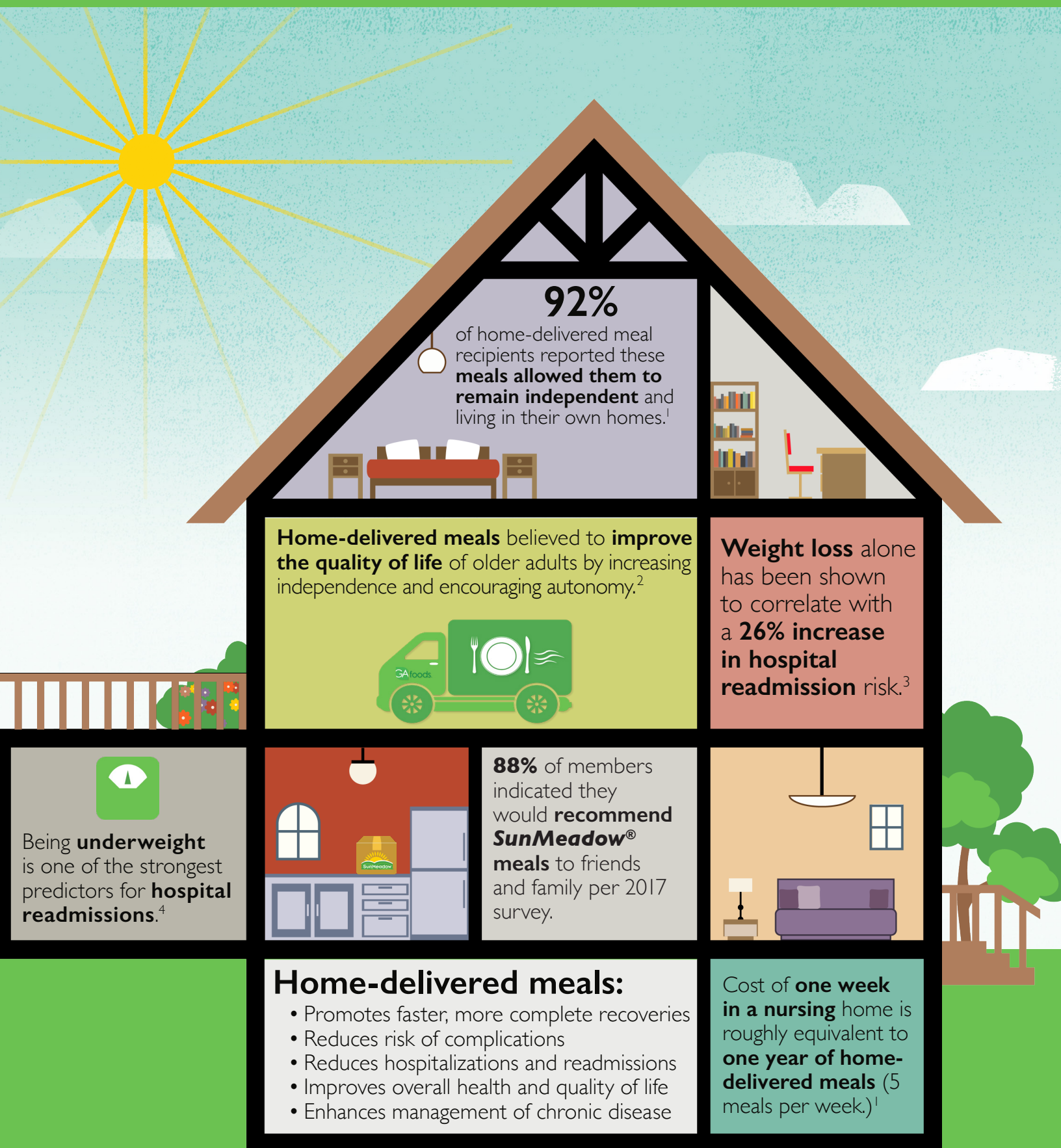


AGING IN PLACE

The Impact of Nutrition

Proper nutrition is an essential element to supporting member independence, reducing hospital admissions, and deferring nursing home stays. Enabling members to reside at home and stay in their communities is key to the successful management of Frail & Elderly, Dual Eligible, and other At-Risk populations.



¹Sahyoun NR, et al. J Parenteral Enteral Nutr. 2014;29(4):459-465. ²Thomas KS, et al. Health Affairs, 2013;32(10):1796-1802. ³Tappenden KA, et al. JPEN, 2013;37:482-497. ⁴Mudge AM, et al. J Hosp Med, 2011; 6(2):61-67.

Providing nutrition care during the post-discharge period, and in many cases beyond, offers better results for both patients and health care stakeholders -- including hospitals, integrated health systems, and health insurers. Given the proven benefits for all involved, it's no surprise that many health insurance plans and a growing number of hospitals, are implementing and/or approving post-discharge nutrition for the members and patients they serve.



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