



Nourishment. *Delivered.*

FRZ000078

SLICED TURKEY AND GRAVY

Sliced turkey and gravy, served with cornbread dressing, flat beans, and butternut squash.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (338g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 80mg
Calories: 420	Sodium: 640mg
Calories from Fat: 81	Total Carbohydrate: 62g
Total Fat: 9g	Dietary Fiber: 9g
Saturated Fat: 1g	Protein: 29g

Exclusively provided by



Allergens: Contains soy, wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000078
UPC: 735108504654
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 20 lb
Net Case Weight: 18 lb
Unit Weight: 0.9 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

OVEN COOKED TURKEY BREAST (Turkey Breast, Water, Salt, Less Than 2% Sugar, Vinegar, Modified Food Starch, Sodium Phosphates, Carrageenan, Natural Flavorings), TURKEY GRAVY (Water, Low Sodium Turkey Gravy [Modified Food Starch, Corn Starch, Yeast Extract, Maltodextrin, Dextrose, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Potassium Chloride, Natural Flavor, Xanthan Gum, Turkey Stock, Caramel Color, Onion Powder, Salt, Artificial Color {Yellow 5, Yellow 6}, Less Than 2% Silicon Dioxide {Anticaking}, Soybean Oil], Corn Starch), CORNBREAD STUFFING (Stuffing Crumbs [Bread Crumbs {Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}], Corn Meal, Sugar, Enriched Semolina Flour {Semolina Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}, Salt, Sunflower Oil, Yeast, Calcium Propionate For Freshness], Water, Parsley, Thyme, Sage), FLAT BEANS, BUTTERNUT SQUASH

