



Nourishment. *Delivered.*

FRZ000083

TURKEY WITH COUNTRY PEPPER GRAVY

Sliced turkey with country pepper gravy, served with mashed potatoes and green beans almandine.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

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|------------------------------------|--------------------------------|
| Serving Size: 1 meal (384g) | Trans Fat: 0g |
| Amount per serving: | Cholesterol: 55mg |
| Calories: 270 | Sodium: 460mg |
| Calories from Fat: 54 | Total Carbohydrate: 41g |
| Total Fat: 6g | Dietary Fiber: 5g |
| Saturated Fat: .5g | Protein: 26g |

Exclusively provided by



Allergens: Contains soy, wheat, milk, tree nuts (almonds), sulfites

SPECIFICATIONS

Product Code: FRZ000083
UPC: 735108504821
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 19 lb
Net Case Weight: 17 lb
Unit Weight: 0.85 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

OVEN COOKED TURKEY BREAST (Turkey Breast, Water, Salt, Less Than 2% Sugar, Vinegar, Modified Food Starch, Sodium Phosphates, Carrageenan, Natural Flavorings), COUNTRY PEPPER GRAVY (Water, Modified Food Starch Roux [Water, Modified Food Starch], Ala King Sauce [Modified Food Starch, Dextrose, Coconut Oil, Nonfat Dry Milk, Corn Syrup Solids, Yeast Extract, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Potassium Chloride, Less Than 2% Of Each Of The Following: Onion Powder, Phosphate {Potassium, Sodium}, Sodium Caseinate, Silicon Dioxide {Anticaking}, Soybean Oil, Sugar, Mono & Diglycerides, Soy Lecithin, Spice, Color {Caramel Color, Yellow 5, Yellow 6}], Xanthum Slurry [Water, Soybean Oil, Xanthan Gum], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric {Color}, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], Sour Cream Seasoning Mix [Buttermilk Blend {Nonfat Milk, Lactic Acid, Cream, Citric Acid}, Maltodextrin, Sour Cream Blend {Sour Cream [Cream, Nonfat Milk, Cultures], Cultured Nonfat Milk, Citric Acid, Tocopherols And Ascorbyl Palmitate [Preservative]}, Nonfat Dry Milk, Salt, Lactic Acid, Disodium Inosinate & Guanylate], Black Pepper, Non-Fat Instant Dry Milk [Fortified Instant Nonfat Dry Milk {Contains Calcium Carbonate, Vitamin A Palmitate & Vitamin D}], Coriander, Poultry Seasoning), MASHED POTATOES (Water, Instant Mashed Potatoes [Dry Potatoes, Vegetable Mono And Diglycerides, Preserved With Sodium Bisulfite, BHT], Butter Buds [Whey Solids, Natural Flavor, Maltodextrin, Dehydrated Butter {Buttermilk Powder, Butter}, Guar Gum, Annatto, Turmeric For Color], Instant Nonfat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Soybean Oil, Xanthum Gum, White Pepper), GREEN BEAN ALMANDINE (Green Beans, Slivered Almonds)

