



Nourishment. *Delivered.*

FRZ000105

VEGETARIAN CHILI

Vegetarian chili, served with pinto bean & carrot blend.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (418g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 20mg
Calories: 600	Sodium: 540mg
Calories from Fat: 108	Total Carbohydrate: 105g
Total Fat: 12g	Dietary Fiber: 25g
Saturated Fat: 4g	Protein: 27g

Exclusively provided by



Allergens: Contains milk, soy, sulfites

SPECIFICATIONS

Product Code: FRZ000105
UPC: 735108506160
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 23 lb
Net Case Weight: 21 lb
Unit Weight: 1.05 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

VEGETARIAN CHILI (Great Northern Beans, Kidney Beans [Prepared Dark Red Kidney Beans, Water, Salt, Calcium Chloride {Firming Agent}, Citric Acid, Disodium EDTA Added For Color Retention], Pinto Beans [Pinto Beans, Water, Salt, Calcium Chloride, Calcium Disodium EDTA To Preserve Color], Black Beans, Water, Tomato Puree [Tomato Concentrate Made From Red Ripe Tomatoes, Citric Acid], Diced Tomatoes [Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid], Sugar, Pasteurized Process Cheese Food [Cheddar And Colby Cheeses {Milk, Cheese Culture, Salt, Enzymes, Annatto For Color}, Water, Whey Protein Concentrate, Skim Milk, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid As Preservative, Apocarotenal Color, Cellulose Powder To Prevent Caking], Chili Powder [Chili Pepper And Other Spices, Salt, Garlic Powder], Onion Strips, Green Pepper Strips, Modified Food Starch, Lime Extract [Filtered Water, Key Lime Juice Concentrate, Lime Oil, Less Than 1/10th Of 1 % Of Sodium Benzoate And Sodium Metabisulfite], Low Sodium Vegetable Base [Blend Of Vegetables {Powders [Tomato, Onion, Carrot, Garlic], Vegetable Purees [Carrot, Celery, Onion], Tomato Paste}, Water, Yeast Extract, Torula Yeast, Canola Oil, Palm Oil, Sugar, Potassium Chloride, Salt, Contains 2% Or Less Of Natural Flavoring, Extract Of Carrot, Disodium Inosinate, Disodium Guanylate], Granulated Garlic, Ground Cumin, Ground Black Pepper, Dried Cilantro), PINTO BEAN AND CARROT BLEND (Pinto Beans [{Pinto Beans, Water, Salt, Calcium Chloride, Calcium Disodium EDTA To Preserve Color}, Water, Modified Food Starch, Low Sodium Chicken Base {Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric For Color, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids}, Granulated Garlic, White Pepper], Carrots)