



**FRZ000106**

# THREE CHEESE MACARONI AND CHEESE

*Macaroni and cheese, served with seasoned carrot cuts and green peas.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (377g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 40mg
<b>Calories:</b> 450	<b>Sodium:</b> 570mg
<b>Calories from Fat:</b> 137	<b>Total Carbohydrate:</b> 61g
<b>Total Fat:</b> 13g	<b>Dietary Fiber:</b> 9g
<b>Saturated Fat:</b> 7g	<b>Protein:</b> 24g

Exclusively provided by



**Allergens:** Contains soy, milk, wheat

### SPECIFICATIONS

**Product Code:** FRZ000106  
**UPC:** 735108506207  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 23 lb  
**Net Case Weight:** 21 lb  
**Unit Weight:** 1.05 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet: Tiers:** 8 **High:** 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Cook at 300 degrees F for approximately 30-45 minutes.

**Microwave:** Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

MACARONI AND CHEESE: CHEESE SAUCE (Water, Pasteurized Processed Cheese [Cheddar And Colby Cheeses {Milk, Cheese Culture, Salt, Enzymes, Annatto {Color}}, Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid As A Preservative, Apocarotenol Color, Cellulose Powder To Prevent Caking], Instant Nonfat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Modified Food Starch, Margarine [Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Vegetable Mono And Diglycerides, Soy Lecithin, Potassium Sorbate As A Preservative, Citric Acid, Natural And Artificial Flavor, Beta Carotene For Color, Vitamin A Palmitate, Whey], Dry Ground Mustard), MACARONI (Elbow Macaroni [Semolina, Enriched With Iron {Ferrous Sulfate} And B Vitamins {Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid}], Water), PEAS, CARROTS

