



Nourishment. *Delivered.*

FRZ000711

# CHICKEN MARSALA

*Chicken Marsala, served with potato onion soufflé and spinach and mushrooms.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (343g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 60mg
<b>Calories:</b> 320	<b>Sodium:</b> 260mg
<b>Calories from Fat:</b> 99	<b>Total Carbohydrate:</b> 34g
<b>Total Fat:</b> 11g	<b>Dietary Fiber:</b> 5g
<b>Saturated Fat:</b> 2.5g	<b>Protein:</b> 22g

Exclusively provided by



**Allergens:** Contains soy, wheat, milk, eggs

### SPECIFICATIONS

**Product Code:** FRZ000711  
**UPC:** 735108507112  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 30 lb  
**Net Case Weight:** 28 lb  
**Unit Weight:** 1.4 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet: Tiers:** 8 **High:** 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Puncture film, cook at 300 degrees F for approximately 30-35 minutes.

**Microwave:** Puncture film, cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

FULLY COOKED GRILL MARKED FILLET STYLE CHICKEN PATTY WITH RIB MEAT AND SMOKE FLAVORING (Chicken Breast With Rib Meat, Water, Vegetable Protein Product [Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, And Riboflavin], Seasoning [Salt, Sodium Phosphates, Spices, Onion And Garlic Powder, Grill Flavor From Sunflower Oil, Smoke Flavoring]), MARSALA SAUCE (Water, Marsala Wine [Marsala Wine, Salt, Potassium Metabisulfite {Preservative}, Potassium Sorbate {Preservative}], Mushrooms [Casa Primo Pieces And Stems], Modified Food Starch, Low Sodium Beef Base [Roasted Beef And Beef Broth, Sugar, Autolyzed Yeast Extract, Corn Oil, Flavorings, Hydrolyzed Soy Protein, Potassium Chloride, Caramel Color, Maltodextrin, Tomato Powder, Disodium Inosinate, Disodium Guanylate, Beef Extract, Corn Syrup Solids, Salt, Thiamine Hydrochloride], White Pepper, Onion Powder, Granulated Garlic, Low Sodium Beef Gravy Mix [Modified Food Starch, Corn Starch, Yeast Extract, Maltodextrin, Dextrose, Potassium Chloride, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Beef Stock, Caramel Color, Onion Powder, Garlic Powder, Salt, Natural Flavor, Xanthan Gum, Spice Extractive, Contains Less Than 2% Of Each Of The Following: Silicon Dioxide {Anticaking}, Soybean Oil]), POTATO ONION SOUFFLE (Water, Instant Potato Granules [Dry Potatoes, Vegetable Mono And Diglycerides, Freshness Preserved With Sodium Bisulfite And BHT], Soybean Oil, Dehydrated Onion, Butter Buds [Vvhey Solids, Natural Flavor, Maltodextrin, Dehydrated Butter {Buttermilk Powder, Butter}, Guar Gum, Annatto And Turmeric For Color], Liquid Vvwhole Pasteurized Egg [Vvwhole Eggs, Citric Acid {Preserve Color}, 0.15% Water], Toasted Bread Crumbs [Enriched Flour{Wheat Flour, Malted Barley, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}, High Fructose Corn Syrup, Vegetable Oil {Soybean And/Or Cottonseed And/Or Corn And/Or Canela Oils}, 2% Or Less Yeast, Salt, Brown Sugar, Honey, Molasses, Sugar, Wheat Gluten, Whey, Soy Flour, Rye Flour, Corn Flour, Oat Bran, Corn Meal, Rice Flour, Potato Flour, Butter, Distilled Vinegar, Skin Milk, Lactic Acid, Calcium Propionate {Preservative}, Sesame Seeds], Instant Non-Fat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Brown Sugar, White Pepper, Xanthan Gum), SPINACH WITH MUSHROOMS (Spinach, Water, Mushrooms [Casa Primo Pieces And Stems], Modified Food Starch, Low Sodium Vegetable Base [Blend Of Vegetables {Powders [Tomato, Onion, Carrot, Garlic], Vegetable Purees [Carrot, Celery, Onion], Tomato Paste}, Water, Yeast Extract, Torula Yeast, Canela Oil, Palm Oil, Sugar, Potassium Chloride, Salt, Contains 2 Percent Or Less Of Natural Flavoring, Extract Of Carrot, Disodium Inosinate, Disodium Guanylate])

