



Nourishment. *Delivered.*

FRZ000716

# LASAGNA

*Lasagna (with ground turkey), served with broccoli, cauliflower, and bean medley.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (350g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 70mg
<b>Calories:</b> 400	<b>Sodium:</b> 640mg
<b>Calories from Fat:</b> 126	<b>Total Carbohydrate:</b> 42g
<b>Total Fat:</b> 14g	<b>Dietary Fiber:</b> 7g
<b>Saturated Fat:</b> 7g	<b>Protein:</b> 26g

Exclusively provided by



**Allergens:** Contains milk, soy, wheat, eggs

### SPECIFICATIONS

**Product Code:** FRZ000716  
**UPC:** 735108507167  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 24 lb  
**Net Case Weight:** 22 lb  
**Unit Weight:** 1.1 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet: Tiers:** 8 **High:** 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Puncture film, cook at 300 degrees F for approximately 30-35 minutes.

**Microwave:** Puncture film, cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

TOMATO AND CHEESE SAUCE (Tomato Puree [Tomato Concentrate Made From Red Ripe Tomatoes, Citric Acid], Water, Diced Tomatoes [Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid], Mozzarella Cheese [Low Moisture Mozzarella Cheese {Pasteurized Milk, Cheese Cultures, Salt, Enzymes}, Potato Starch, Corn Starch, Powdered Cellulose To Prevent Caking, Natamycin {Natural Mold Inhibitor}], Parmesan Cheese [Parmesan Cheese {Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes}, Powdered Cellulose To Prevent Caking], Oregano, Dehydrated Onions, White Pepper, Granulated Garlic, Sugar, Soybean Oil, Basil), TURKEY AND CHEESE LASAGNA ROLLUP (Filling: Turkey Patty [Crumble Turkey], Water, Contains 2% Or Less Modified Food Starch, Salt, Natural Flavoring, Low Moisture Part Skim Mozzarella Cheese [Cultured Skim Milk, Salt, Enzymes], Low Fat Ricotta Cheese [Skim Milk, Water, Modified Corn Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Ascorbic Acid], Egg, Salt, Dehydrated Garlic, Dehydrated Onion, Caramel Color, Extractives Of Paprika, Pasta: Whole Wheat Flour, Enriched Semolina Blend Whole Wheat Flour, Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid, Water, Ascorbic Acid), BROCCOLI, CAULIFLOWER AND KIDNEY BEAN MEDLEY (Broccoli, Cauliflower, Kidney Beans)

