



CENTRAL OFFICE
Scheduled Menu Analysis

Site: CO CENTRAL OFFICE

Serving Period: Lunch

Serving Line: 7 Day TMS

Menu: 54085 Twisted Plant Based Casserole

Date: 07/10/2020

Projected Feeding Figure: 1

Nutrition Link	Description	Serving Size	Measure	Projected Quantity	Cost Per Serving	Total Cost
80026	Pinto Beans VE04	1	4 ounce	1	0.1935	0.1935
81994	Vegetarian Fiesta Mac PD-17-GR-3	8	Ounce	1	0.3725	0.3725
80032	Carrot Coins VE07	1	4 Ounce	1	0.1092	0.1092
Per Serving/Total Menu Cost:					0.6752	0.6752
Cost Standard: 0.0000					Total Weighted Cost per Serving:	0.6752



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Scheduled Menu Analysis

Nutrient Table: 2017 Florida Regulations

Age Group: 2017 Florida

Serving Period: Lunch

Nutrient	Units	Lunch Standard	Nutrient Values	% of Calories	% Nutrient Standard	Difference from Std.	Missing Values
Energy	kcal	600.0000	455.4316		75.9053	-144.5684 !	*
Protein	g	30.0000	26.4309	23.2139	88.1030	-3.5691 !	*
Sodium, Na	mg	767.0000	471.5897		61.4850	-295.4103	*
Carbohydrate, by difference	g	75.0000	71.2913	62.6143	95.0551	-3.7087 !	*
Total lipid (fat)	g	20.0000	7.7252	15.2661	76.3307	-2.3955	*
Fatty acids, total saturated	% Cal	N/A	3.0703	6.0674	N/A		*
Fatty acids, total trans	g	N/A	0.0440		N/A		*
Cholesterol	mg	N/A	17.8399		N/A		*
Potassium, K	mg	1566.7020	1159.7931		74.0277	-406.9089 !	*
Vitamin A, RAE	mcg_RAE	233.0000	1191.9197		511.5535	958.9197	*
Vitamin C, total ascorbic acid	mg	25.0000	50.8898		203.5592	25.8898	*
Calcium, Ca	mg	400.0000	348.9861		87.2465	-51.0139 !	*
Vitamin B-6	mg	0.5000	0.6166		123.3200	0.1166	*
Vitamin B-12	mcg	0.8000	0.5763		72.0375	-0.2237 !	*
Magnesium, Mg	mg	106.7000	83.7418		78.4834	-22.9582 !	*
Zinc, Zn	mg	2.7000	1.6128		59.7333	-1.0872 !	*
Fiber, total dietary	g	7.0000	16.8915		241.3071	9.8915	*
Vitamin A, IU	IU	N/A	22754.212		N/A		*
Vitamin A (RE)	RE	N/A	2045.8714		N/A		*
Vitamin D	IU	N/A	63.8701		N/A		*
Vitamin E (alpha-tocopherol)	mg	N/A	2.0816		N/A		*
Thiamin	mg	N/A	0.1479		N/A		*
Riboflavin	mg	N/A	0.2943		N/A		*
Niacin	mg	N/A	2.1413		N/A		*
Folate, total	mcg	N/A	201.4242		N/A		*
Phosphorus, P	mg	N/A	191.9853		N/A		*
Copper, Cu	mg	N/A	0.0638		N/A		*
Manganese, Mn	mg	N/A	0.3209		N/A		*
Selenium, Se	mcg	N/A	6.2210		N/A		*
Pantothenic acid	mg	N/A	0.2092		N/A		*
Vitamin K (phylloquinone)	mcg	N/A	24.5464		N/A		*
Iron, Fe	mg	N/A	3.9579		N/A		*
Total Sugars	g	N/A	7.8579		N/A		*

! = Item out of compliance with standard

A nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.

Average Cost Analysis For Menus for Site: CO CENTRAL OFFICE

Serving Period: Lunch

Average Cost Per Serving: 0.1513

Average Weighted Cost Per Serving: 0.1513