



FRZ000044

MEATLOAF WITH APPLE BROWN GRAVY

Nourishment. *Delivered.*

Homestyle Meatloaf with Appl Brown Gravy, served with skin-on potatoes and stewed tomatoes.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (363g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 60mg
Calories: 410	Sodium: 400mg
Calories from Fat: 180	Total Carbohydrate: 41g
Total Fat: 20g	Dietary Fiber: 5g
Saturated Fat: 6g	Protein: 19g

Exclusively provided by



Allergens: Contains soy, wheat, milk

SPECIFICATIONS

Product Code: FRZ000044
UPC: 735108503381
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 22 lb
Net Case Weight: 20 lb
Unit Weight: 1 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-35 minutes.

Microwave: Cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

FULLY COOKED MEATLOAF SLICES, TEXTURED VEGETABLE PROTEIN AND CARAMEL COLOR ADDED (Beef, Water, Textured Vegetable Protein [Soy Flour, Caramel Color], Ketchup [Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, Sugar, Salt, Onion Powder, Spice, Natural Flavoring], Soy Protein Concentrate, Soy Fines [Soybeans], Diced Green Peppers, Diced Red Peppers, Salt, Dehydrated Chopped Onion, Seasoning [Hydrolyzed Soy Protein, Modified Corn Starch, Sodium Phosphates, Salt, Dextrose, Yeast Extract], Caramel Color), APPLE-BROWN GRAVY (Water, Unsweetened Apple Sauce [Apples, Water, Erythorbic Acid [To Maintain Color], Low Sodium Brown Gravy Mix [Modified Corn Starch, Hydrolyzed Soy Protein {With Yeast Extract, Salt, Soybean and/or Sunflower Oil}], Maltodextrin, Sugar, Onion Powder, Creamer Powder {Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate}, Caramel Color, Garlic Powder, Disodium Inosinate and Disodium Guanylate, Natural Flavors, and Sunflower Oil), THIXX [Modified Corn Starch, Maltodextrin, and Sunflower Oil]), STEWED TOMATOES [Diced Tomatoes [Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid], Crushed Tomatoes [Crushed Tomatoes, Tomato Puree, Salt, Citric Acid, Calcium Chloride], Water, Green Peppers [Bell Peppers, Water, Citric Acid, Calcium Chloride], THIXX [Modified Corn Starch, Maltodextrin, and Sunflower Oil], Dehydrated Onions, Sugar, Granulated Garlic, Parsley, Dried Basil), DICED SKIN-ON POTATOES (Potatoes, Vegetable Oil [Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn], Contains 2% Or Less Of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color)

