



SunMeadow®

Nourishment. *Delivered.*

FRZ000076

SESAME CHICKEN

Sesame Chicken, served with broccoli & carrots and steamed cauliflower with red peppers.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (322g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 55mg
Calories: 240	Sodium: 510mg
Calories from Fat: 72	Total Carbohydrate: 23g
Total Fat: 8g	Dietary Fiber: 6g
Saturated Fat: 2g	Protein: 21g

Exclusively provided by



Allergens: Contains soy, wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000076
UPC: 735108504623
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 20 lb
Net Case Weight: 18 lb
Unit Weight: .9 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn half-way through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

FULLY COOKED FORMED GRILL MARKED PATTY CHICKEN BREAST FILLET STYLE WITH RIB MEAT AND SMOKE FLAVORING (Chicken Breast With Rib Meat, Water, Vegetable Protein Product [Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, And Riboflavin], Seasoning [Salt, Sodium Phosphates, Spices, Onion And Garlic Powder, Grill Flavor From Sunflower Oil, Smoke Flavoring]), SESAME SAUCE (Water, Soy Sauce [Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: Less Than 1/10 Of 1% As A Preservative, Mixing Agent], Sesame Seeds, Sugar, Low Sodium Turkey Flavor Gravy [Modified Food Starch, Corn Starch, Yeast Extract, Maltodextrin, Dextrose, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Potassium Chloride, Natural Flavor, Xanthan Gum, Turkey Stock, Caramel Color, Onion Powder, Salt, Artificial Color {Yellow 5, Yellow 6}, Less Than 2% Silicon Dioxide {Anticaking}, Soybean Oil], Ground Ginger, Granulated Garlic, THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric {Color}, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], BROCCOLI WITH SHREDDED CARROTS (Broccoli, Shredded Carrots), CAULIFLOWER WITH RED PEPPERS (Cauliflower, Diced Red Peppers [Sweet Red Peppers, Water, Salt, Citric Acid])

