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A foods.



## TURKEY WITH COUNTRY PEPPER GRAVY

Nourishment. Delivered.

Turkey with Country Pepper Gravy, served with mashed potatoes and green beans almondine.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



## **NUTRITION INFORMATION**

Serving Size: 1 meal (384g)
Amount per serving:
Calories: 270
Calories from Fat: 54

Total Fat: 6g Dietary Fiber: 5g

Saturated Fat: .5g Protein: 26g

Allergens: Contains soy, wheat, milk, sulfites, tree nuts (almonds)

SPECIFICATIONS

Product Code: FRZ000083

UPC: 735108504821 Units per Case: 20 Cases per Pallet: 32 Gross Case Weight: 19 lb Net Case Weight: 17 lb

Unit Weight: .85 lb Cube: 1.3 cubic ft

**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H

Pallet: Tiers: 8 High: 4

PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for

approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn half-

way through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food

thermometer.

## **Ingredients**

PREMIUM OVEN-COOKED TURKEY BREAST (Turkey Breast, Water, Less Than 2% Salt, Sugar, Modified Food Starch, Vinegar, Carrageenan Sodium Phosphates, Natural Flavoring), COUNTRY PEPPER GRAVY (Water, THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Low Sodium Ala King Sauce [Buttermilk Solids, Creamer Powder {Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate}, Sunflower Oil, Onion Powder, Salt {Salt}, Disodium Inosinate and Disodium Guanylate, Natural Flavor, Modified Corn Starch, Artificial Flavor], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric {Color}, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], Sour Cream Seasoning Mix [Buttermilk Blend {Nonfat Milk, Lactic Acid, Cream, Citric Acid}, Maltodextrin, Sour Cream Blend {Sour Cream [Cream, Nonfat Milk, Cultures], Cultured Nonfat Milk, Citric Acid, Tocopherols And Ascorbyl Palmitate [Preservative]}, Nonfat Dry Milk, Salt, Lactic Acid, Disodium Inosinate & Guanylate], Black Pepper, Non-Fat Instant Dry Milk [Fortified Instant Nonfat Dry Milk \*Contains Calcium Carbonate\*, Vitamin A Palmitate & Vitamin D}], Coriander, Poultry Seasoning), MASHED POTATOES (Water, Instant Mashed Potatoes [Dry Potatoes, Vegetable Mono And Diglycerides, Preserved With Sodium Bisulfite, BHT], Butter Buds [Whey Solids, Natural Flavor, Maltodextrin, Dehydrated Butter {Buttermilk Powder, Butter}, Guar Gum, Annatto, Turmeric For Color], Instant Nonfat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], White Pepper), GREEN \*\*ALMANDINE\* (Green Beans, Slivered Almonds)