



Nourishment. *Delivered.*

FRZ000091

MACARONI AND BEEF CASSEROLE

Macaroni and Beef Casserole, served with spinach and California blend vegetables.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (491g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 70mg
Calories: 470	Sodium: 320mg
Calories from Fat: 171	Total Carbohydrate: 46g
Total Fat: 19g	Dietary Fiber: 6g
Saturated Fat: 6g	Protein: 25g

Exclusively provided by



Allergens: Contains wheat, soy, milk, sulfites

SPECIFICATIONS

Product Code: FRZ000091
UPC: 735108505453
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 26 lb
Net Case Weight: 24 lb
Unit Weight: 1.2 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn half-way through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MACARONI WITH BEEF AND CHICKEN IN TOMATO SAUCE (Ground Beef, Tomato Puree [Tomato Concentrate Made With Red Ripe Tomatoes, Citric Acid], Ground Chicken, Crushed Tomatoes [Crushed Tomatoes, Tomato Puree, Salt, Citric Acid, Calcium Chloride], IQF Elbow Macaroni [Water, Durum Wheat Semolina {Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid}], Diced Tomatoes [Vine Ripened Tomatoes, Tomato, Juice, Salt, Citric Acid], Water, Dehydrated Onions, THIXX [Modified Corn Starch, Maltodextrin, and Sunflower Oil], Low Sodium Beef Base [Roasted Beef And Beef Broth, Sugar, Autolyzed Yeast Extract, Corn Oil, Flavorings, Hydrolyzed Soy Protein, Potassium Chloride, Caramel Color, Maltodextrin, Tomato Powder, Disodium Inosinate, Disodium Guanylate, Beef Extract, Corn Syrup Solids, Salt, Thiamine Hydrochloride], Sugar, Oregano, Granulated Garlic), SPINACH NEAPOLITAN (Water, Spinach, Diced Tomatoes [Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid], Pasteurized Processed Cheese Food [Cheddar And Colby Cheeses Milk, Cheese Culture, Salt, Enzymes, Annatto {Color}, Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid As A Preservative, Apocarotenal Color, With Cellulose Powder Added To Prevent Caking], Onion Strips, Low Sodium Ala King Sauce [Buttermilk Solids, Creamer Powder {Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate}, Sunflower Oil, Onion Powder, Salt {Salt}, Disodium Inosinate and Disodium Guanylate, Natural Flavor, Modified Corn Starch, Artificial Flavor], THIXX [Modified Corn Starch, Maltodextrin, and Sunflower Oil], Parmesan Cheese [Parmesan Cheese {Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes}, Powdered Cellulose To Prevent Caking], Granulated Garlic, Ground White Pepper), CALIFORNIA VEGETABLE BLEND (Broccoli, Carrots, Green Zucchini)

