



Nourishment. *Delivered.*

FRZ000106

THREE CHEESE MACARONI AND CHEESE

Macaroni and Cheese, served with seasoned carrot cuts and green peas.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (377g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 40mg
Calories: 450	Sodium: 570mg
Calories from Fat: 137	Total Carbohydrate: 61g
Total Fat: 13g	Dietary Fiber: 9g
Saturated Fat: 7g	Protein: 24g

Exclusively provided by



Allergens: Contains wheat, soy, milk

SPECIFICATIONS

Product Code: FRZ000106
UPC: 735108506207
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 23 lb
Net Case Weight: 21 lb
Unit Weight: 1.05 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn half-way through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MACARONI AND CHEESE: CHEESE SAUCE (Water, Pasteurized Processed Cheese [Cheddar And Colby Cheeses {Milk, Cheese Culture, Salt, Enzymes, Annatto {Color}}, Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid As A Preservative, Apocarotenal [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Colored American Cheese [Cultured Milk, Water, Cream, Skim Milk, Sodium Phosphates, Salt, Vegetable Color {Paprika and Annatto Extract} if colored, Sorbic Acid {Preservative}, Enzymes, added if diced or shredded: Cellulose {to prevent Caking}, Potassium Sorbate, and/or Natamycin Preservatives], THIXX [Modified Corn Starch, Maltodextrin, and Sunflower Oil], Margarine [Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2%: Vegetable Mono And Diglycerides, Soy Lecithin, Potassium Sorbate As A Preservative, Citric Acid, Natural And Artificial Flavor, Beta Carotene For Color, Vitamin A Palmitate, Whey], Dry Ground Mustard), IQF Elbow Macaroni [Water, Durum Wheat Semolina {Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid}] PEAS, CARROTS

