



Nourishment. *Delivered.*

FRZ000122

COUNTRY EGG SKILLET

Country Egg Skillet, served with potatoes, mushrooms, spinach, & tomatoes and cranberry apples.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

| | |
|------------------------------------|--------------------------------|
| Serving Size: 1 meal (326g) | Trans Fat: 0g |
| Amount per serving: | Cholesterol: 400mg |
| Calories: 400 | Sodium: 570mg |
| Calories from Fat: 162 | Total Carbohydrate: 49g |
| Total Fat: 18g | Dietary Fiber: 5g |
| Saturated Fat: 4.5g | Protein: 18g |

Exclusively provided by



Allergens: Contains soy, milk, eggs, sulfites

SPECIFICATIONS

Product Code: FRZ000122
UPC: 735108507402
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 20 lb
Net Case Weight: 18 lb
Unit Weight: 0.9 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-35 minutes.

Microwave: Cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

COUNTRY EGG SKILLET (Scrambled Eggs [Whole Eggs, Reconstituted Dry Whole Milk, Soybean Oil, Salt, Xanthan Gum, Citric Acid, Black Pepper Extract, Polysorbate 80], Diced Skin-On Potatoes [Potatoes, Vegetable Oil {Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn}, Contains 2% Or Less Of: Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color], Diced Tomatoes [Vine-Ripened Tomatoes, Tomato Juice, Less Than 2% of: Salt, Citric Acid, Calcium Chloride], Spinach, Onions, Mushrooms [Mushrooms, Water, Salt], Pasteurized Process Cheese Food [Cheese: Cheddar and Colby Cheese {Milk, Cheese Culture, Salt, Enzymes}, Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid as a preservative, Apocarotenal {color}, with Potato Starch and Cellulose Powder to Prevent Caking], CRANBERRY APPLES (Water, Diced Apples [Apples, Calcium Chloride to protect texture, Erythorbic and Citric Acid to promote color retention], Whole Cranberries [Cranberries, High Fructose Corn Syrup, Corn Syrup, Water], THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil])

