



Nourishment. *Delivered.*

FRZ000123

COUNTRY KNIFE AND FORK BREAKFAST

Egg Patty and Diced Potatoes with Country Pepper Gravy, served with turkey sausage links and maple-pecan cinnamon apples.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (346g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 230mg
Calories: 360	Sodium: 470mg
Calories from Fat: 153	Total Carbohydrate: 36g
Total Fat: 17g	Dietary Fiber: 3g
Saturated Fat: 4g	Protein: 16g

Exclusively provided by



Allergens: Contains soy, milk, eggs, wheat, tree nuts (pecans), sulfites

SPECIFICATIONS

Product Code: FRZ000123
UPC: 735108507457
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 20 lb
Net Case Weight: 18 lb
Unit Weight: .9 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

COUNTRY STYLE PEPPER GRAVY (Water, Low Sodium Ala King Sauce [Buttermilk Solids, Creamer Powder {Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate}, Sunflower Oil, Onion Powder, Salt {Salt}, Disodium Inosinate and Disodium Guanylate, Natural Flavor, Modified Corn Starch, Artificial Flavor], THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Poultry Seasoning, Sour Cream [Buttermilk Blend {Nonfat Milk, Lactic Acid, Cream, Citric Acid}, Maltodextrin, Sour Cream Blend {Sour Cream {Cream, Nonfat Milk, Cultures} Cultured Nonfat Milk, Citric Acid, Tocopherols And Ascorbyl Palmitate}], Nonfat Dry Milk, Salt, Lactic Acid, Disodium Inosinate, Guanylate], Nonfat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Ground Black Pepper, Coriander), DICED SKIN-ON POTATOES (Potatoes, Vegetable Oil {Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn}, Contains 2% Or Less Of: Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color), HOMESTYLE FRIED EGG PATTY WITH CRACKED BLACK PEPPER (Egg Whites, Egg Yolk, Soybean Oil, Water. Less than 2% of the Following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid), LITTLE SWEETIES FULLY COOKED TURKEY SAUSAGE BITES (Turkey, Mechanically Separated Turkey, Water, Textured Vegetable Protein, Soy Flour, Caramel Color, Seasoning Salt, Spices, Sugar, Paprika, Dextrose, Garlic Powder, Spice Extracts, Citric Acid, BHA, Soy Fines [Soy Beans]) MAPLE-PECAN CINNAMON APPLES (Water, Diced Apples [Apples, Water], Apple Juice [Concentrated Apple Juice, Ascorbic Acid {Vitamin C}], Pecans, Maple Flavor [Corn Syrup, Water, Salt, Potassium Sorbate, Sodium Benzoate, Benzoic Acid, Cellulose Gum, Caramel Color, Sodium Hexametaphosphate, Natural And Artificial Flavor, Phosphoric Acid], Cinnamon)

