



Nourishment. *Delivered.*

FRZ000524

HONEY MUSTARD CHICKEN

Honey Mustard Chicken, served with potatoes Florentine and mixed vegetables.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (373g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 55mg
Calories: 370	Sodium: 270mg
Calories from Fat: 135	Total Carbohydrate: 36g
Total Fat: 15g	Dietary Fiber: 7g
Saturated Fat: 3g	Protein: 22g

Exclusively provided by



Allergens: Contains soy, milk, wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000524
UPC: 735108504340
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 20 lb
Net Case Weight: 18 lb
Unit Weight: .9 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-35 minutes.

Microwave: Cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

FULLY COOKED FORMED GRILL MARKED PATTY CHICKEN BREAST FILLET WITH RIB MEAT AND SMOKE FLAVORING (Chicken Breast With Rib Meat, Water, Vegetable Protein Product [Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, And Riboflavin], Seasoning [Salt, Sodium Phosphates, Spices, Onion And Garlic Powder, Grill Flavor From Sunflower Oil, Smoke Flavoring]), POTATO FLORENTINE (Water, Canned Potatoes [White Potatoes, Water, Salt, Calcium Chloride To Maintain Firmness, Calcium Disodium EDTA To Promote Color Retention], Instant Potato Granules [Dry Potatoes, Vegetable Mono And Diglycerides, Freshness Preserved With Sodium Bisulfite And BHT], Spinach, Instant Non-Fat Dry Milk [Fortified Instant Nonfat Dry Milk {Calcium Carbonate, Vitamin A Palmitate, Vitamin D}], Red Peppers [Sweet Red Peppers, Water, Salt, Citric Acid], Parmesan Cheese [Parmesan Cheese {Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes}, Powdered Cellulose Added To Prevent Caking], Butter Buds [Whey Solids, Natural Flavor, Maltodextrin, Dehydrated Butter {Buttermilk Powder, Butter}], Guar Gum, Annatto And Turmeric For Color], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric {Color}, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], Dehydrated Onions, Granulated Garlic, White Pepper, Ground Nutmeg), HONEY MUSTARD SAUCE (Cold Process Turkey Gravy [Water, Turkey Gravy {Modified Food Starch, Corn Starch, Yeast Extract, Maltodextrin, Dextrose, Enriched Bleached Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}], Potassium Chloride, Natural Flavor, Xanthan Gum, Turkey Stock, Caramel Color, Onion Powder, Salt, Artificial Color [Yellow 5, Yellow 6], Less Than 2% Silicon Dioxide [Anti-caking], Soybean Oil], Corn Starch, Parsley), Yellow Mustard [Distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Oleoresin Paprika, Spices], Honey, Corn Starch, Parsley, Black Pepper), MIXED VEGETABLES (Peas, Corn, Carrots, Green Beans)