



Nourishment. *Delivered.*

## MEATBALLS AND PENNE PASTA IN MARINARA

*Penne Pasta with Meatballs and Marinara, served with steamed broccoli and Italian vegetables.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



### NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (375g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 50mg
<b>Calories:</b> 340	<b>Sodium:</b> 340mg
<b>Calories from Fat:</b> 108	<b>Total Carbohydrate:</b> 40g
<b>Total Fat:</b> 12g	<b>Dietary Fiber:</b> 8g
<b>Saturated Fat:</b> 3.5g	<b>Protein:</b> 20g

Exclusively provided by



**Allergens:** Contains soy, wheat, milk, eggs

### SPECIFICATIONS

**Product Code:** FRZ000657  
**UPC:** 735108506573  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 23 lb  
**Net Case Weight:** 21 lb  
**Unit Weight:** 1.05 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet:** Tiers: 8 High: 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Cook at 300 degrees F for approximately 30-45 minutes.

**Microwave:** Cook on HIGH for 5-10 minutes, turn half-way through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

### Ingredients

TOMATO SAUCE (Water, Tomato Puree [Tomato Concentrate From Red Ripe Tomatoes, Citric Acid], Diced Tomatoes [Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid], Dehydrated Onions, Granulated Garlic, Sugar, Oregano, Basil, White Pepper), FULLY COOKED BEEF AND CHICKEN MEATBALLS, TEXTURED VEGETABLE PROTEIN AND CARMEL COLOR ADDED (Beef, Mechanically Separate Chicken, Water, Toasted Wheat Crumbs [Wheat Flour, Salt, Torula Yeast], Textured Vegetable Protein [Soy Flour, Caramel Color], Soy Fines [Soybeans], Seasoning [Sugar, Salt Blend {Salt, Potassium Chloride}, Dehydrated Onion & Garlic, Spices, Yeast Extract, Parsley Flakes, Vegetable Oil], Parmesan Cheese [Cow's Milk, Culture, Enzymes, Salt], Romano Cheese [Pasteurized Sheep's Milk, Cultures, Enzymes, Salt], Eggs, Parsley Flakes), PENNE PASTA (Water, Enriched Semolina [Durum Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], ITALIAN VEGETABLE MEDLEY (Zucchini, Yellow Squash, Mixed Vegetables [Carrots, Corn, Green Peas, Green Beans]), BROCCOLI

