



FRZ000726

Roast Beef

Sliced Roast Beef with Gravy, served with spring peas and crinkle cut carrots.

Nourishment. *Delivered.*

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (465g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 45mg
Calories: 300	Sodium: 420mg
Calories from Fat: 62	Total Carbohydrate: 39g
Total Fat: 7g	Dietary Fiber: 11g
Saturated Fat: 2g	Protein: 22 g

Exclusively provided by



Allergens: Contains wheat, soy

SPECIFICATIONS

Product Code: FRZ000726
UPC: 735108507266
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 17.3 lb
Net Case Weight: 15.3 lb
Unit Weight: .77 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-35 minutes.

Microwave: Cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

OVEN COOKED ROAST BEEF, Contains Up To 20% Solution and Caramel Colored (Beef, Up To 20% Solution Of [Beef Broth, Sea Salt, Vinegar, Sodium Phosphate, Natural Flavors], Caramel Color), BROWN GRAVY (Water, Mix for Low Sodium Beef Flavor Gravy with Other Natural Flavors [Modified Food Starch, Corn Starch, Yeast Extract, Maltodextrin, Dextrose, Potassium Chloride, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Beef Stock, Caramel Color, Onion Powder, Garlic Powder, Salt, Natural Flavor, Xanthan Gum, Spice Extractive, Contains Less Than 2% of each of The Following: Silicon Dioxide {Anti-Caking}, Soybean Oil], THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil]), CARROTS, PEAS.

