



Nourishment. *Delivered.*

FRZ000803

Meatless Ground Beef & Pasta Casserole

Pasta with Plant-Based Crumble Casserole, served with pinto beans and steamed carrots.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (655g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 20mg
Calories: 460	Sodium: 470mg
Calories from Fat: 72	Total Carbohydrate: 71g
Total Fat: 8g	Dietary Fiber: 17g
Saturated Fat: 3g	Protein: 26g

Exclusively provided by



Allergens: Contains egg, milk

SPECIFICATIONS

Product Code: FRZ000803
UPC: 735108508034
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 21.45 lb
Net Case Weight: 19.45 lb
Unit Weight: 0.97 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn half-way through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MEATLESS GROUND "BEEF" & PASTA CASSEROLE (MEATLESS GROUND BEEF CASSEROLE [Meatless Crumbles {Mycoprotein (95%), Rehydrated Egg White. Contains 2% or less of Gluten Free Roasted Barley Malt Extract, Calcium Chloride Calcium Acetate (Firming Agents)}, Water, Diced Tomatoes {Vine Ripened Tomatoes, Tomato Juice, Salt, Citric Acid}, Pasteurized Process Cheese {Cheddar And Colby Cheeses Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Citrate, Milkfat, Salt, Sodium Phosphate, Sorbic Acid as a Preservative, Apocarotenal Color, With Cellulose Powder Added To Prevent Caking}, Tomato Puree {Tomato Concentrate Made From Red Ripe Tomatoes, Citric Acid}, Low Sodium Vegetable Base {A Blend of Vegetables (Powders [Tomato, Onion, Carrot, Garlic], Vegetable Purees [Carrot, Celery, Onion], Tomato Paste), Water, Yeast Extract, Torula Yeast, Canola Oil, Palm Oil, Sugar, Potassium Chloride, Salt, Contains 2 percent or less of Natural Flavoring, Extract Of Carrot, Disodium Inosinate, Disodium Guanylate}, Pasteurized Process American Cheese {Cultured Milk, Water, Cream, Sodium Citrate, Salt, Powdered Cellulose Added To Prevent Caking, Sodium Phosphate, Citric Acid, Sorbic Acid (Preservative), Artificial Color, Enzymes}, Oregano, Sugar, Whole Basil Leaves [Basil], Garlic Powder, Ground Black Pepper}, WHOLE GRAIN ROTINI [Water, Whole Wheat Flour, Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), PARSLIED CARROTS (Carrots, Parsley)

