



Nourishment. *Delivered.*

FRZ000807

Tuna Noodle Casserole

Tuna Noodle Casserole, served with green beans.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (446g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 30mg
Calories: 330	Sodium: 360mg
Calories from Fat: 45	Total Carbohydrate: 40g
Total Fat: 5g	Dietary Fiber: 6g
Saturated Fat: 2g	Protein: 23g

Exclusively provided by



Allergens: Contains fish (Tuna), wheat, soy, milk, sulfites

SPECIFICATIONS

Product Code: FRZ000807
UPC: 735108508072
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 19.6 lb
Net Case Weight: 17.6 lb
Unit Weight: .88 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-35 minutes.

Microwave: Cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

TUNA CASSEROLE (Macaroni [Water, Enriched Semolina {Durum Wheat Semolina, Ferrous Sulfate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid}], Tuna [Tuna Fish, Water, Vegetable Broth {Pea & Carrot}, Salt], Mushrooms [Mushrooms, Water, Salt, Citric Acid, Ascorbic Acid], Peas, Low Sodium Ala King Sauce [Modified Food Starch, Dextrose, Coconut Oil, Nonfat Dry Milk, Corn Syrup Solids, Yeast Extract, Enriched Bleached Wheat Flour {Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Potassium Chloride, Less Than 2% Of Each Of The Following: Onion Powder, Phosphate {Potassium, Sodium}, Sodium Caseinate, Silicon Dioxide {Anticaking}, Soybean Oil, Sugar, Mono & Diglycerides, Soy Lecithin, Spice, Color {Caramel Color, Yellow 5, Yellow 6}], Sour Cream Seasoning Mix [Buttermilk Blend {Nonfat Milk, Lactic Acid, Cream, Citric Acid}, Maltodextrin, Sour Cream Blend {Sour Cream <Cream, Nonfat Milk, Cultures>, Cultured Nonfat Milk, Citric Acid, Tocopherols And Ascorbyl Palmitate <Preservative>}, Nonfat Dry Milk, Salt, Lactic Acid, Disodium Inosinate & Guanylate], Ritz Crackers Crushed [Unbleached Enriched Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate <Vitamin B1>, Riboflavin <Vitamin B2>, Folic Acid}, Canola Oil, Palm Oil, Sugar, Salt, Leavening {Calcium Phosphate And/Or Baking Soda}, High Fructose Corn Syrup, Soy Lecithin, Natural Flavor]), DEVEILED GREEN BEANS (Green Beans, Water, Yellow Mustard [Distilled Vinegar, Water, No. 1 Mustard Seed, Salt, Turmeric, Oleoresin Paprika, Spices], Spicy Brown Mustard [Vinegar, Water, Mustard Seed, Salt, Less Than 2 Of: Spices, Turmeric], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric (Color), Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], Worcestershire [Water, Vinegar, High Fructose Corn Syrup, Salt, Molasses, Natural Flavors, Spices, Hydrolyzed Corn/Soy/Wheat Protein, Caramel Color, Sodium Benzoate And Potassium Sorbate As Preservatives], Ground Black Pepper)

