

Nutrient Analysis to Standards for TEST MENU - Mon, Mar 8, 2021 at 3:31:46 pm



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Honey Mustard Chicken (CAT029184)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000524 Honey Must Chick, Pot Flor, Mixed Veg 20/cs	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	377.4500		62.9083%
Protein	G	30.0000	26.2800	27.8500%	87.6000%
Fiber	G	7.0000	7.0819		101.1700%
Total lipid (fat)	G	20.0000	15.2223	36.2964%	76.1115%
Carbohydrate, by diff	G	75.0000	36.3060	38.4750%	48.4080%
Cholesterol	MG	NA	0.0000		
Sodium	MG	767.0000	272.2305		35.4929%
Calcium	MG	400.0000	355.0000		88.7500%
Fatty acids saturated	G	NA	0.0000		
Fatty acids trans	G	NA	0.0000		
Folate	UG	NA	0.0000		
Iron	MG	NA	0.0000		
Magnesium	MG	106.7000	46.3200		43.4114%
Niacin	MG	NA	0.0000		
Phosphorus	MG	NA	0.0000		
Potassium	MG	1566.7020	645.3931		41.1944%
Riboflavin	MG	NA	0.0000		
Selenium	UG	NA	0.0000		
Sugars	G	NA	0.0000		
Thiamin	MG	NA	0.0000		
Vitamin A IU	IU	NA	0.0000		
Vitamin A RAE	UG	233.0000	408.6700		175.3948%
Vitamin B-12	UG	0.8000	0.2800		35.0000%
Vitamin B-6	MG	0.5000	0.4000		80.0000%
Vitamin C	MG	25.0000	32.4000		129.6000%
Vitamin D	IU	NA	0.0000		
Vitamin E	MG_ATE	NA	0.0000		
Vitamin K	UG	NA	0.0000		
Zinc	MG	2.7000	0.6200		22.9630%

