

Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am**Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am**

Macaroni & Cheese (CAT028092)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	RM000179 Juice Grape 4oz 70/cs (D321)	1	EACH
NAV	FRZ000106 Three Cheese Macaroni Casserole 20/cs (M620)	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	2	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT		% OF % NUTRIENT STANDARD
			VALUES	CALORIES	
Energy (kcal)	KCAL	600.0000	791.1231		131.8539%
Protein	G	30.0000	37.4077	18.9137%	124.6923%
Fiber	G	7.0000	17.3077		247.2529%
Total lipid (fat)	G	20.0000	20.5669	23.3974%	102.8345%
Carbohydrate, by diff	G	75.0000	116.3100	58.8075%	155.0800%
Sodium	MG	767.0000	845.5846		110.2457%
Calcium	MG	400.0000	1137.8900		284.4725%
Magnesium	MG	106.7000	169.0769		158.4601%
Potassium	MG	1566.7020	1435.3935		91.6188%
Vitamin A RAE	UG	233.0000	1458.0640		625.7785%
Vitamin B-12	UG	0.8000	2.4703		308.7875%
Vitamin B-6	MG	0.5000	0.8828		176.5600%
Vitamin C	MG	25.0000	93.0502		372.2008%
Zinc	MG	2.7000	6.0779		225.1074%



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Meatloaf w/ Apple Brown Gravy (CAT028093)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000044 Meatloaf w/Apple Brown Gravy 20/cs (M338)	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
NAV	RM001038 Pineapple Diet 4oz 24/tray (F969)	1	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	752.1165		125.3528%
Protein	G	30.0000	33.8559	18.0057%	112.8530%
Fiber	G	7.0000	13.3041		190.0586%
Total lipid (fat)	G	20.0000	25.7042	30.7582%	128.5210%
Carbohydrate, by diff	G	75.0000	93.7376	49.8527%	124.9835%
Sodium	MG	767.0000	617.1019		80.4566%
Calcium	MG	400.0000	634.5112		158.6278%
Magnesium	MG	106.7000	160.2732		150.2092%
Potassium	MG	1566.7020	2071.0747		132.1933%
Vitamin A RAE	UG	233.0000	247.5840		106.2592%
Vitamin B-12	UG	0.8000	2.6020		325.2500%
Vitamin B-6	MG	0.5000	1.1245		224.9000%
Vitamin C	MG	25.0000	95.5076		382.0304%
Zinc	MG	2.7000	5.7335		212.3519%



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Week 1 Average Nutrient Analysis

2017 Florida Regulations - 2017 Florida - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	771.6198		128.6033%
Protein	G	30.0000	35.6318	18.4712%	118.7727%
Fiber	G	7.0000	15.3059		218.6557%
Total lipid (fat)	G	20.0000	23.1356	26.9848%	115.6780%
Carbohydrate, by diff	G	75.0000	105.0238	54.4433%	140.0317%
Sodium	MG	767.0000	731.3433		95.3511%
Calcium	MG	400.0000	886.2006		221.5502%
Magnesium	MG	106.7000	164.6751		154.3347%
Potassium	MG	1566.7020	1753.2341		111.9060%
Vitamin A RAE	UG	233.0000	852.8240		366.0189%
Vitamin B-12	UG	0.8000	2.5362		317.0250%
Vitamin B-6	MG	0.5000	1.0037		200.7400%
Vitamin C	MG	25.0000	94.2789		377.1156%
Zinc	MG	2.7000	5.9057		218.7296%