



## Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

Chicken Parmesan (CAT028096)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	RM000187 Juice Pineapple 4oz 70/cs (D371)	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH
NAV	FRZ000655 Chicken Parmesan w/Rose Pot/Green Beans 20/cs	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	703.0231		117.1705%
Protein	G	30.0000	40.3577	22.9624%	134.5257%
Fiber	G	7.0000	11.3077		161.5386%
Total lipid (fat)	G	20.0000	20.5669	26.3294%	102.8345%
Carbohydrate, by diff	G	75.0000	87.2600	49.6484%	116.3467%
Sodium	MG	767.0000	605.2846		78.9159%
Calcium	MG	400.0000	848.5000		212.1250%
Magnesium	MG	106.7000	172.9769		162.1152%
Potassium	MG	1566.7020	1694.2035		108.1382%
Vitamin A RAE	UG	233.0000	548.1140		235.2421%
Vitamin B-12	UG	0.8000	1.9900		248.7500%
Vitamin B-6	MG	0.5000	1.1155		223.1000%
Vitamin C	MG	25.0000	32.7805		131.1220%
Zinc	MG	2.7000	5.0274		186.2000%



### Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

Three Bean Beef Chili (CAT028097)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000652 Three Bean Beef Chili w/Squash Medley 20/cs	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
NAV	RM001906 Cookie Oatmeal Raisin 1.25oz 150/cs	1	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	710.9231		118.4872%
Protein	G	30.0000	40.3077	22.6791%	134.3590%
Fiber	G	7.0000	14.3077		204.3957%
Total lipid (fat)	G	20.0000	24.5669	31.1007%	122.8345%
Carbohydrate, by diff	G	75.0000	89.2100	50.1939%	118.9467%
Sodium	MG	767.0000	496.9846		64.7959%
Calcium	MG	400.0000	669.3000		167.3250%
Magnesium	MG	106.7000	163.8769		153.5866%
Potassium	MG	1566.7020	2013.4035		128.5122%
Vitamin A RAE	UG	233.0000	284.1640		121.9588%
Vitamin B-12	UG	0.8000	2.9359		366.9875%
Vitamin B-6	MG	0.5000	0.9707		194.1400%
Vitamin C	MG	25.0000	33.0402		132.1608%
Zinc	MG	2.7000	6.6139		244.9593%



## Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

Week 3 Average Nutrient Analysis

2017 Florida Regulations - 2017 Florida - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	706.9731		117.8289%
Protein	G	30.0000	40.3327	22.8199%	134.4423%
Fiber	G	7.0000	12.8077		182.9671%
Total lipid (fat)	G	20.0000	22.5669	28.7284%	112.8345%
Carbohydrate, by diff	G	75.0000	88.2350	49.9227%	117.6467%
Sodium	MG	767.0000	551.1346		71.8559%
Calcium	MG	400.0000	758.9000		189.7250%
Magnesium	MG	106.7000	168.4269		157.8509%
Potassium	MG	1566.7020	1853.8035		118.3252%
Vitamin A RAE	UG	233.0000	416.1390		178.6004%
Vitamin B-12	UG	0.8000	2.4630		307.8750%
Vitamin B-6	MG	0.5000	1.0431		208.6200%
Vitamin C	MG	25.0000	32.9104		131.6416%
Zinc	MG	2.7000	5.8207		215.5815%