



## Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

NY Steak Beef Patty w/ Herbed Mushroom Gravy (CAT028094)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	RM000185 Juice Orange/Pineapple 4oz 70/cs (D361)	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
NAV	FRZ000036 Beef Patty w/Gravy 20/cs (M316)	1	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	683.0231		113.8372%
Protein	G	30.0000	32.3577	18.9497%	107.8590%
Fiber	G	7.0000	13.3077		190.1100%
Total lipid (fat)	G	20.0000	21.5669	28.4181%	107.8345%
Carbohydrate, by diff	G	75.0000	91.2600	53.4448%	121.6800%
Sodium	MG	767.0000	674.2846		87.9119%
Calcium	MG	400.0000	679.5000		169.8750%
Magnesium	MG	106.7000	168.3769		157.8040%
Potassium	MG	1566.7020	1994.4835		127.3046%
Vitamin A RAE	UG	233.0000	282.3640		121.1863%
Vitamin B-12	UG	0.8000	3.2336		404.2000%
Vitamin B-6	MG	0.5000	0.8821		176.4200%
Vitamin C	MG	25.0000	61.0452		244.1808%
Zinc	MG	2.7000	5.1508		190.7704%



## Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

Cheese Lasagna Florentine (CAT028095)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000764 Cheese Lasagna w/Spinach & Veg 20/cs	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	2	EACH
NAV	RM001038 Pineapple Diet 4oz 24/tray (F969)	1	EACH
NAV	RM000706 Sun Meadow Dairy Drink 35/cs (G391A)	1	EACH
FDC	RM001298 Peanuts 1oz 450/cs (F108B)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	848.2165		141.3694%
Protein	G	30.0000	36.3059	17.1211%	121.0197%
Fiber	G	7.0000	15.2041		217.2014%
Total lipid (fat)	G	20.0000	30.5042	32.3665%	152.5210%
Carbohydrate, by diff	G	75.0000	95.0876	44.8412%	126.7835%
Sodium	MG	767.0000	707.4019		92.2297%
Calcium	MG	400.0000	966.3112		241.5778%
Magnesium	MG	106.7000	276.1732		258.8315%
Potassium	MG	1566.7020	2024.8747		129.2444%
Vitamin A RAE	UG	233.0000	891.0640		382.4309%
Vitamin B-12	UG	0.8000	1.1908		148.8500%
Vitamin B-6	MG	0.5000	0.9201		184.0200%
Vitamin C	MG	25.0000	76.5126		306.0504%
Zinc	MG	2.7000	4.9981		185.1148%



## Nutrient Analysis to Standards for 2021 2 Day TMS - Tue, Nov 24, 2020 at 11:47:37 am

Week 2 Average Nutrient Analysis

2017 Florida Regulations - 2017 Florida - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	765.6198		127.6033%
Protein	G	30.0000	34.3318	17.9367%	114.4393%
Fiber	G	7.0000	14.2559		203.6557%
Total lipid (fat)	G	20.0000	26.0356	30.6053%	130.1780%
Carbohydrate, by diff	G	75.0000	93.1738	48.6789%	124.2317%
Sodium	MG	767.0000	690.8433		90.0708%
Calcium	MG	400.0000	822.9056		205.7264%
Magnesium	MG	106.7000	222.2751		208.3178%
Potassium	MG	1566.7020	2009.6791		128.2745%
Vitamin A RAE	UG	233.0000	586.7140		251.8086%
Vitamin B-12	UG	0.8000	2.2122		276.5250%
Vitamin B-6	MG	0.5000	0.9011		180.2200%
Vitamin C	MG	25.0000	68.7789		275.1156%
Zinc	MG	2.7000	5.0745		187.9444%