

Nutrient Analysis to Standards for LATIN FLAVORS 7 - Thu, Dec 10, 2020 at 4:37:23 pm**Nutrient Analysis to Standards for LATIN FLAVORS 7 - Thu, Dec 10, 2020 at 4:37:23 pm**

Huevos Rancheros (CAT011578)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000116 Huevos Rancheros, Potatoes, Crab Pears 20/cs	1	EACH
FDC	RM000399 Tortilla Corn 6pk 720/cs (C362)	2	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
NAV	RM000183 Juice Orange 4oz 70/cs (D351)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT		% OF % NUTRIENT STANDARD
			VALUES	CALORIES	
Energy (kcal)	KCAL	600.0000	778.1800		129.6967%
Protein	G	30.0000	30.2420	15.5450%	100.8067%
Fiber	G	7.0000	13.5280		193.2571%
Total lipid (fat)	G	20.0000	21.0960	24.3985%	105.4800%
Carbohydrate, by diff	G	75.0000	121.0484	62.2213%	161.3979%
Sodium	MG	767.0000	642.5400		83.7731%
Calcium	MG	400.0000	606.5600		151.6400%
Magnesium	MG	106.7000	155.2200		145.4733%
Potassium	MG	1566.7020	1894.9600		120.9522%
Vitamin A RAE	UG	233.0000	417.9500		179.3777%
Vitamin B-12	UG	0.8000	2.0504		256.3000%
Vitamin B-6	MG	0.5000	0.7165		143.3000%
Vitamin C	MG	25.0000	159.0050		636.0200%
Zinc	MG	2.7000	3.4341		127.1889%



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Black Beans & Rice (CAT010516)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000108 Black Beans & Rice, Corn, Carrots 20/cs (M630)	1	EACH
NAV	RM001025 Peaches in Juice 4oz 24/tray (F902)	1	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
FDC	RM000399 Tortilla Corn 6pk 720/cs (C362)	2	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	926.5643		154.4274%
Protein	G	30.0000	43.2895	18.6882%	144.2983%
Fiber	G	7.0000	30.7298		438.9971%
Total lipid (fat)	G	20.0000	21.1299	20.5241%	105.6495%
Carbohydrate, by diff	G	75.0000	159.1225	68.6936%	212.1633%
Sodium	MG	767.0000	442.8249		57.7347%
Calcium	MG	400.0000	715.2562		178.8141%
Magnesium	MG	106.7000	340.8497		319.4468%
Potassium	MG	1566.7020	2937.7484		187.5116%
Vitamin A RAE	UG	233.0000	1034.4174		443.9560%
Vitamin B-12	UG	0.8000	1.1545		144.3125%
Vitamin B-6	MG	0.5000	0.9112		182.2400%
Vitamin C	MG	25.0000	44.8338		179.3352%
Zinc	MG	2.7000	7.9341		293.8556%



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Burrito w/ Queso (CAT011474)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV FRZ000109	Bean Burrito w/Queso, Spinach, Corn 20/cs (M640)	1	EACH
NAV RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
NAV RM000222	Mixed Fruit 4oz 24/try (F900)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	814.5670		135.7612%
Protein	G	30.0000	43.0254	21.1280%	143.4180%
Fiber	G	7.0000	18.0014		257.1629%
Total lipid (fat)	G	20.0000	22.1939	24.5216%	110.9695%
Carbohydrate, by diff	G	75.0000	112.9845	55.4820%	150.6460%
Sodium	MG	767.0000	1355.8097		176.7679%
Calcium	MG	400.0000	1217.1035		304.2759%
Magnesium	MG	106.7000	238.2576		223.2967%
Potassium	MG	1566.7020	1958.5691		125.0122%
Vitamin A RAE	UG	233.0000	2099.5892		901.1112%
Vitamin B-12	UG	0.8000	2.4218		302.7250%
Vitamin B-6	MG	0.5000	0.5597		111.9400%
Vitamin C	MG	25.0000	70.7077		282.8308%
Zinc	MG	2.7000	6.5000		240.7407%



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Pollo Tropical (CAT008131)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
FDC RM002524	COOKIE, MOON PIE BANANA 1 OZ IW MINI	1	EACH
NAV FRZ000797	Pollo Tropical w/Carrots & Green Beans 24/cs	1	EACH
FDC RM000399	Tortilla Corn 6pk 720/cs (C362)	2	EACH
FDC RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
NAV RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	783.5955		130.5993%
Protein	G	30.0000	30.5141	15.5765%	101.7137%
Fiber	G	7.0000	9.6980		138.5429%
Total lipid (fat)	G	20.0000	15.4023	17.6903%	77.0115%
Carbohydrate, by diff	G	75.0000	101.9988	52.0671%	135.9984%
Sodium	MG	767.0000	452.9375		59.0531%
Calcium	MG	400.0000	545.9600		136.4900%
Magnesium	MG	106.7000	67.2200		62.9991%
Potassium	MG	1566.7020	452.9600		28.9117%
Vitamin A RAE	UG	233.0000	220.9500		94.8283%
Vitamin B-12	UG	0.8000	2.1545		269.3125%
Vitamin B-6	MG	0.5000	0.2131		42.6200%
Vitamin C	MG	25.0000	28.0050		112.0200%
Zinc	MG	2.7000	1.9341		71.6333%



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Beef w/ Spanish Sauce (CAT006707)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	RM000169 Juice Blend 4oz 70/cs (D301)	1	EACH
NAV	FRZ000037 Beef Rib Pty w/Span Sce,Peas,St Tom 20/cs	1	EACH
FDC	RM000399 Tortilla Corn 6pk 720/cs (C362)	1	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	696.1400		116.0233%
Protein	G	30.0000	32.6460	18.7583%	108.8200%
Fiber	G	7.0000	17.7640		253.7714%
Total lipid (fat)	G	20.0000	20.2980	26.2421%	101.4900%
Carbohydrate, by diff	G	75.0000	91.5492	52.6039%	122.0656%
Sodium	MG	767.0000	789.9000		102.9857%
Calcium	MG	400.0000	595.8800		148.9700%
Magnesium	MG	106.7000	142.0600		133.1396%
Potassium	MG	1566.7020	1898.6200		121.1858%
Vitamin A RAE	UG	233.0000	568.9500		244.1845%
Vitamin B-12	UG	0.8000	1.1765		147.0625%
Vitamin B-6	MG	0.5000	0.7226		144.5200%
Vitamin C	MG	25.0000	102.0050		408.0200%
Zinc	MG	2.7000	3.3261		123.1889%



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Arroz Con Pollo (CAT006704)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000063 Arroz Con Pollo, Corn 20/cs	1	EACH
NAV	RM000185 Juice Orange/Pineapple 4oz 70/cs (D361)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	2	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
FDC	RM000399 Tortilla Corn 6pk 720/cs (C362)	2	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	664.2800		110.7133%
Protein	G	30.0000	34.2920	20.6491%	114.3067%
Fiber	G	7.0000	12.5280		178.9714%
Total lipid (fat)	G	20.0000	22.3960	30.3432%	111.9800%
Carbohydrate, by diff	G	75.0000	94.0984	56.6619%	125.4645%
Sodium	MG	767.0000	279.8000		36.4798%
Calcium	MG	400.0000	541.7600		135.4400%
Magnesium	MG	106.7000	164.7200		154.3768%
Potassium	MG	1566.7020	1545.0400		98.6174%
Vitamin A RAE	UG	233.0000	314.9946		135.1908%
Vitamin B-12	UG	0.8000	1.8708		233.8500%
Vitamin B-6	MG	0.5000	1.1260		225.2000%
Vitamin C	MG	25.0000	70.0100		280.0400%
Zinc	MG	2.7000	4.7346		175.3556%



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Veggie Chili (CAT009451)

2017 Florida Regulations - 2017 Florida - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	RM000164 Juice Apple 4oz 70/cs (D291)	1	EACH
NAV	FRZ000105 Veggie Chili, Pinto Beans/Carrots 20/cs (M616)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190)	1	EACH
FDC	RM001475 Crackers Wheat 500/cs (D162)	2	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	872.1000		145.3500%
Protein	G	30.0000	35.1138	16.1054%	117.0460%
Fiber	G	7.0000	25.4000		362.8571%
Total lipid (fat)	G	20.0000	24.1262	24.8980%	120.6310%
Carbohydrate, by diff	G	75.0000	137.1162	62.8901%	182.8216%
Sodium	MG	767.0000	690.3000		90.0000%
Calcium	MG	400.0000	701.2000		175.3000%
Magnesium	MG	106.7000	199.9000		187.3477%
Potassium	MG	1566.7020	2154.3040		137.5057%
Vitamin A RAE	UG	233.0000	830.9500		356.6309%
Vitamin B-12	UG	0.8000	1.4571		182.1375%
Vitamin B-6	MG	0.5000	1.0751		215.0200%
Vitamin C	MG	25.0000	106.0050		424.0200%
Zinc	MG	2.7000	3.4305		127.0556%



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Week 1 Average Nutrient Analysis

2017 Florida Regulations - 2017 Florida - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	790.7753		131.7959%
Protein	G	30.0000	35.5890	18.0021%	118.6300%
Fiber	G	7.0000	18.2356		260.5086%
Total lipid (fat)	G	20.0000	20.9489	23.8424%	104.7445%
Carbohydrate, by diff	G	75.0000	116.8454	59.1042%	155.7939%
Sodium	MG	767.0000	664.8732		86.6849%
Calcium	MG	400.0000	703.3885		175.8471%
Magnesium	MG	106.7000	186.8896		175.1543%
Potassium	MG	1566.7020	1834.6002		117.0995%
Vitamin A RAE	UG	233.0000	783.9716		336.4685%
Vitamin B-12	UG	0.8000	1.7551		219.3875%
Vitamin B-6	MG	0.5000	0.7606		152.1200%
Vitamin C	MG	25.0000	82.9388		331.7552%
Zinc	MG	2.7000	4.4705		165.5741%