



Nutrient Analysis to Standards for 2022 7 Day TMS Cycle 2 Refresh - Tue, Mar 22, 2022 at 9:26:25 am

Manicotti (CAT038578)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA		DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000877	MANICOTTI WITH ALFREDO VEG SAUCE, CORN AND CARROTS	1	EACH
NAV	RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
NAV	RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)(96p)	1	EACH
FDC	RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH
NAV	RM002335	Applesauce Unsweetened 4.5oz SS 96/cs	1	EACH
NAV	RM002002	Oatmeal Cream Pie 1.34oz 192/cs	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	814.6111		135.7685%
Protein	G	30.0000	35.7570	17.5578%	119.1900%
Fiber	G	7.0000	14.3077		204.3957%
Total lipid (fat)	G	20.0000	24.6800	27.2670%	123.4000%
Carbohydrate, by diff	G	75.0000	123.0188	60.4061%	164.0251%
Sodium	MG	767.0000	774.5446		100.9837%
Calcium	MG	400.0000	861.0873		215.2718%
Magnesium	MG	106.7000	142.3669		133.4273%
Potassium	MG	1566.7020	1688.8235		107.7948%
Vitamin A RAE	UG	233.0000	1455.3098		624.5965%
Vitamin B-12	UG	0.8000	1.1691		146.1375%
Vitamin B-6	MG	0.5000	0.7549		150.9800%
Vitamin C	MG	25.0000	56.9605		227.8420%
Zinc	MG	2.7000	3.8274		141.7556%



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Beef Patty in Teriyaki (CAT038579)

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NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000763 Beef Patty Teriyaki, Rice & Mixed Vegetables 20/cs	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)(96p)	1	EACH
NAV	RM001038 Pineapple Diet 4oz 24/tray (F969) (Fnsh Prod)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	783.8141		130.6357%
Protein	G	30.0000	35.8052	18.2723%	119.3507%
Fiber	G	7.0000	15.3442		219.2029%
Total lipid (fat)	G	20.0000	22.0424	25.3098%	110.2120%
Carbohydrate, by diff	G	75.0000	114.7216	58.5453%	152.9621%
Sodium	MG	767.0000	704.2228		91.8152%
Calcium	MG	400.0000	717.2358		179.3090%
Magnesium	MG	106.7000	238.0544		223.1063%
Potassium	MG	1566.7020	2168.7426		138.4273%
Vitamin A RAE	UG	233.0000	533.5654		228.9980%
Vitamin B-12	UG	0.8000	3.1691		396.1375%
Vitamin B-6	MG	0.5000	1.1798		235.9600%
Vitamin C	MG	25.0000	65.6650		262.6600%
Zinc	MG	2.7000	6.0374		223.6074%



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Week 1 Average Nutrient Analysis

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	735.9650		122.6608%
Protein	G	30.0000	36.3885	19.7773%	121.2950%
Fiber	G	7.0000	14.0893		201.2757%
Total lipid (fat)	G	20.0000	23.9156	29.2460%	119.5780%
Carbohydrate, by diff	G	75.0000	99.7037	54.1894%	132.9383%
Sodium	MG	767.0000	662.1757		86.3332%
Calcium	MG	400.0000	712.6769		178.1692%
Magnesium	MG	106.7000	178.4742		167.2673%
Potassium	MG	1566.7020	2060.8014		131.5375%
Vitamin A RAE	UG	233.0000	855.3661		367.1099%
Vitamin B-12	UG	0.8000	2.3435		292.9375%
Vitamin B-6	MG	0.5000	1.2204		244.0800%
Vitamin C	MG	25.0000	58.6993		234.7972%
Zinc	MG	2.7000	5.3849		199.4407%