



Nutrient Analysis to Standards for 2022 7 Day TMS Cycle 2 Refresh - Tue, Mar 22, 2022 at 9:26:25 am

Honey Mustard Chicken Breast (CAT038580)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA		DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000878	GRILLED CHIX WITH HNY MUST SAUCE CARROTS N GL MASH	1	EACH
NAV	RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)(96p)	1	EACH
NAV	RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC	RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	605.0231		100.8372%
Protein	G	30.0000	36.1577	23.9050%	120.5257%
Fiber	G	7.0000	13.3077		190.1100%
Total lipid (fat)	G	20.0000	22.5800	33.5888%	112.9000%
Carbohydrate, by diff	G	75.0000	80.2600	53.0624%	107.0133%
Sodium	MG	767.0000	658.2846		85.8259%
Calcium	MG	400.0000	674.5000		168.6250%
Magnesium	MG	106.7000	122.9769		115.2548%
Potassium	MG	1566.7020	1890.2035		120.6486%
Vitamin A RAE	UG	233.0000	1488.1140		638.6755%
Vitamin B-12	UG	0.8000	1.2191		152.3875%
Vitamin B-6	MG	0.5000	0.8270		165.4000%
Vitamin C	MG	25.0000	33.0452		132.1808%
Zinc	MG	2.7000	3.6574		135.4593%



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Beef Patty w/Pizzaiola (CAT038588)

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NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
NAV	FRZ000034 Beef Patty/Piz Sce, Gr Bns, Pineapple/Mand 20/cs	1	EACH
NAV	RM000382 Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC	RM000713 Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH
NAV	RM000706 SunMeadow Milk (1%) 8 oz 35/cs (G391A)(96p)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	700.8240		116.8040%
Protein	G	30.0000	32.3041	18.4378%	107.6803%
Fiber	G	7.0000	15.1099		215.8557%
Total lipid (fat)	G	20.0000	23.5801	30.2816%	117.9005%
Carbohydrate, by diff	G	75.0000	84.7113	48.3495%	112.9484%
Sodium	MG	767.0000	600.1460		78.2459%
Calcium	MG	400.0000	679.7775		169.9444%
Magnesium	MG	106.7000	138.9365		130.2123%
Potassium	MG	1566.7020	1965.9443		125.4830%
Vitamin A RAE	UG	233.0000	361.8949		155.3197%
Vitamin B-12	UG	0.8000	3.1757		396.9625%
Vitamin B-6	MG	0.5000	0.9790		195.8000%
Vitamin C	MG	25.0000	69.6653		278.6612%
Zinc	MG	2.7000	3.4387		127.3593%



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Week 2 Average Nutrient Analysis

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	766.8978		127.8163%
Protein	G	30.0000	37.3591	19.4858%	124.5303%
Fiber	G	7.0000	13.1785		188.2643%
Total lipid (fat)	G	20.0000	25.6543	30.1068%	128.2715%
Carbohydrate, by diff	G	75.0000	96.9182	50.5508%	129.2243%
Sodium	MG	767.0000	665.9177		86.8211%
Calcium	MG	400.0000	764.7765		191.1941%
Magnesium	MG	106.7000	154.0368		144.3644%
Potassium	MG	1566.7020	2069.5273		132.0945%
Vitamin A RAE	UG	233.0000	804.1122		345.1125%
Vitamin B-12	UG	0.8000	2.8697		358.7125%
Vitamin B-6	MG	0.5000	0.9960		199.2000%
Vitamin C	MG	25.0000	53.3904		213.5616%
Zinc	MG	2.7000	4.9168		182.1037%