



FRZ000044

MEATLOAF WITH APPLE BROWN GRAVY

Homestyle meatloaf with apple brown gravy, served with skin-on potatoes and stewed tomatoes.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal(383g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 62mg
Calories: 412	Sodium: 402mg
Calories from Fat: 180	Total Carbohydrate: 41g
Total Fat: 20g	Dietary Fiber: 5g
Saturated Fat: 6g	Protein: 19g

Exclusively provided by



Allergens: Contains soy wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000044
UPC: 735108503381
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 22 lb
Net Case Weight: 20 lb
Unit Weight: 1 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"Lx 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MEATLOAF (Beef, Water, Textured Vegetable Protein Product [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate {B1}, Pyrocoxide hydrochloride {B6}, riboflavin {B2}, cyanocobalamin {B12}], Seasoning Tomato Powder, Dried Eggs, Dried Bell Peppers, Salt, Sugar, Dehydrated Onion, Torula Yeast, Spices, Dextrose, Vinegar Powder [Maltodextrin, Modified Corn Starch, Vinegar Solids], Modified Corn Starch, Soybean Oil, Flavor [Maltodextrin, Salt, Natural Flavor], Flavor [Maltodextrin, Tomato Paste, High Fructose Corn Syrup, Vinegar, Salt], Dehydrated Garlic, Dried Parsley, Paprika, Chili Powder [Chili Pepper, Cumin, Oregano, Garlic], Beet Powder, Citric Acid, Oleoersin Paprika {for color}, Natural Flavors], Bread Crumbs, Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic acid], Corn Syrup, Nonfat Dry Milk, Partially Hydrogenated Soybean Oil, Salt, Yeast Seasoning [Enriched Bleached Wheat Flour [Niacin, Reduced iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Salt, sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate]seasoning [enriched wheat flour (niacin, Reduced Iron, Thiamine mononitrate, Ribofalvin, Folic Acid), Modified Corn Starch, Rice Flour, Salt, White Corn Flour, Maltodextrin, Guar Gum, Spice Extractive, Salt], APPLE-BROWN GRAVY (Water, Natural Apple Sauce [Apples, Water, Citric Acid], Beef Gravy [Modified Food Starch, Cornstarch, Yeast Extract, Maltodextrin, Dextrose, Potassium Chloride, Enriched Bleached Wheat Flour {Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Beef Stock, Caramel Color, Onion, Garlic, Silicon Dioxide {Anticaking}], Modified Food Starch {Corn}), STEWED TOMATOES (Diced Tomatoes [Vine-Ripened Tomatoes, Tomato Juice, Less than 2% of Salt, Citric acid, calcium chloride], Crushed Tomato [Vine-ripened Unpeeled Tomatoes, Tomato Puree, Less than 2% of Salt, Citric Acid], Water, Diced Green Peppers [Peppers, Water, Citric Acid, Calcium Chloride], Modified Food Starch {Corn}, Sugar, Onions, Canola Oil, Xanthan Gum, Parsley, Basil), Diced Skin-on Potatoes [Potatoes, Vegetable Shortening contains one or more of the following: Palm Oil, Partially Hydrogenated Soybean Oil, Dextrose, Sodium Acid Pyrophosphate added to preserve natural color], Butter Flavor Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD & C Certified Color including yellow 5])

