



Nourishment. *Delivered.*

FRZ000083

TURKEY WITH COUNTRY PEPPER GRAVY

Sliced turkey with country pepper gravy, served with mashed potatoes and green beans almondyne.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (384g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 56mg
Calories: 275	Sodium: 460mg
Calories from Fat: 54	Total Carbohydrate: 41g
Total Fat: 6g	Dietary Fiber: 5g
Saturated Fat: 1g	Protein: 26g

Exclusively provided by



Allergens: Contains soy, wheat, milk, treenuts, egg, sulfites

SPECIFICATIONS

Product Code: FRZ000083
UPC: 735108504821
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 19 lb
Net Case Weight: 17 lb
Unit Weight: 0.85 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

Oven Roasted Turkey Breast (Turkey Breast, Turkey Broth, and 2 % or less of the following: Dextrose, Sugar, Modified Food Starch, Salt, Salt, Sodium Citrate, Carrageenan, Potassium Phosphate, Sodium Phosphate, Sodium Diacetate), Country Pepper Gravy (Low Sodium Chicken Base (Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric [Color], Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids), Water, Ala King Sauce Mix [Modified Food Starch, Dextrose, Nonfat Dry Milk, Coconut Oil, Yeast Extract, Enriched Bleached Wheat Flour {Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Corn Syrup Solids, Potassium Chloride, Onion, Sodium Caseinate, Contains 2% or Less of: Sugar, Partially Hydrogenated Soybean Oil, Potassium & Sodium Phosphate, Mono & Diglycerides, Spice, Caramel Color, Soy Lecithin, Color {Yellow 5 & 6}, Silicone Dioxide {Anticaking}}, Sour Cream Seasoning [Buttermilk {Nonfat milk, Lactic Acid, Cream, Citric Acid}, Maltodextrin, Sour Cream { Cream, Nonfat Milk Cultures}, Cultured Nonfat Milk, Citric Acid, Ascorbyl Palmitate {Preservative}, Nonfat Dry Milk, Salt, Disodium Inosinate, Sodium Guanylate], Non Fat Dry Milk, Black Pepper, Coriander, Poultry Seasoning [Sage, Thyme, Salt, Black Pepper, Oregano, and Other Spices], Xanthan Gum), Mashed Potatoes (Water, Granulated Potato [Precooked Dried Selected Russet Potatoes, Whey solids {From Milk}, Less than 1% of Calcium Stearoyl Lactylate, Corn Syrup Solids, Soy Protein, Partially Hydrogenated Vegetable Oils {Palm Kernel, Soybean, Cottonseed}, Soy Lecithin, Sodium Caseinate {From Milk}, Mono and Diglycerides, Preservatives {Sodium Acid Pyrophosphate, Sodium Bisulfite, BHT}, Dipotassium Phosphate, Artificial Flavor, Datem], Butter Buds [Whey Solids, Modified Butter Oil and Dehydrated Butter, Corn Syrup Solids, Guar Gum, Annatto and Turmeric {For Color}], Nonfat Milk, Xanthan Gum, White Pepper), Green Bean Almondine (Green Beans, Slivered Almonds, Butter Flavor Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD & C Certified Color including yellow 5])

