



FRZ000091

MACARONI AND BEEF CASSEROLE

Macaroni and beef casserole, served with spinach and California blend vegetables.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (491g) **Trans Fat:** 0g
Amount per serving: **Cholesterol:** 72mg
Calories: 467 **Sodium:** 319mg
Calories from Fat: 171 **Total Carbohydrate:** 46g
Total Fat: 19g **Dietary Fiber:** 6g
Saturated Fat: 6g **Protein:** 25g

Exclusively provided by



Allergens: Contains soy, milk, wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000091
UPC: 735108505453
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 26 lb
Net Case Weight: 24 lb
Unit Weight: 1.2 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 High: 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.
Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.
Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.
NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MACARONI WITH BEEF & CHICKEN IN TOMATO SAUCE (Elbow Macaroni [Water, Semolina, Niacin, Ferrous Sulfate {Iron}, Thiamine Mononitrate, Riboflavin, Folic acid], Ground Beef, Crushed Tomato [Vine-ripened Unpeeled Tomatoes, Tomato Puree, Less than 2% of Salt, Citric Acid], Ground Chicken, Tomato Puree [Water, Tomato Paste, Citric Acid], Water, Canola Oil, Onions, Low Sodium Beef Base [Roasted Beef and Beef Broth, Sugar, Autolyzed Yeast Extract, Corn Oil, Flavorings, Hydrolyzed Soy Protein, Potassium Chloride, Caramel Color, Maltodextrin, Tomato Powder, Disodium Inosinate, Disodium Guanylate, Beef Extract, Corn Syrup Solids, Salt, Thiamine Hydrochloride], Sugar, Thyme, Granulated Garlic, Oregano), SPINACH SOUFFLÉ (Ala King Sauce Mix [Modified Food Starch, Dextrose, Nonfat Dry Milk, Coconut Oil, Yeast Extract, Enriched Bleached Wheat Flour {Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Corn Syrup Solids, Potassium Chloride, Onion, Sodium Caseinate, Contains 2% or Less of: Sugar, Partially Hydrogenated Soybean Oil, Potassium & Sodium Phosphate, Mono & Diglycerides, Spice, Caramel Color, Soy Lecithin, Color {Yellow 5 & 6}, Silicone Dioxide {Anticaking}], Spinach, Parmesan Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose {Anti-Caking}], Diced Red Peppers [Diced Red Peppers, Water, Salt, Citric Acid], Modified Food Starch, Water, Granulated Garlic, Nutmeg, Black Pepper), CALIFORNIA VEGETABLE BLEND (Broccoli, Carrots, Yellow Squash, Butter flavored Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD & C Certified Color including Yellow 5]).

