



Nourishment. *Delivered.*

FRZ000105

VEGETARIAN CHILI

Vegetarian chili, served with pinto bean & carrot blend.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (418g)	Trans Fat: 0g
Amount per serving:	Cholesterol: 22mg
Calories: 601	Sodium: 536mg
Calories from Fat: 108	Total Carbohydrate: 105g
Total Fat: 12g	Dietary Fiber: 25g
Saturated Fat: 4g	Protein: 27g

Exclusively provided by



Allergens: Contains milk, soy, sulfites

SPECIFICATIONS

Product Code: FRZ000105
UPC: 735108506160
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 23 lb
Net Case Weight: 21 lb
Unit Weight: 1.05 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

VEGETARIAN CHILI (Great Northern Beans, Kidney Beans [Kidney beans, Water, Sugar, Salt, Dextrose, Calcium Chloride added to help maintain firmness, Disodium EDTA added to help promote color retention], Pinto Beans, Black Beans, Diced Tomatoes [Vine-Ripened Tomatoes, Tomato Juice, Less Than 2% of Salt, Citric Acid, Calcium Chloride], Water, Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Pasteurized Process Cheese Food [Cheese: Cheddar and Colby Cheese {Milk, Cheese Culture, Salt, Enzymes}, Water, Whey Protein Concentrate, Skim Milk, Whey, Sodium Atrate, Milk fat, Salt, Sodium Phosphate, Sorbic acid as a preservative, Apocarotenal {color}, with Potato Starch and Cellulose Powder to Prevent Caking], Chili Powder, Onions, Green Peppers, Modified Food Starch {Corn}, Lime Flavor [Water, Pure Oil of Lime, Propylene Glycol, Xanthan Gum, FD&C Certified Colors Including Yellow # 5, Sodium Benzoate], Low Sodium Vegetable Base [A blend of vegetables: Tomato Paste, Powders {Tomato, Onion, Carrot, Garlic}, Purees {Celery, Onion, Carrot}, Canola Oil, Palm Oil, Autolyzed Yeast Extract, Torula Yeast, Potassium Chloride, Salt, Sugar, Contains 2% or Less of the following: Natural Flavoring, Soy Lecithin, Extract of Carrot, Disodium Inosinate, Disodium Guanylate], Garlic, Cumin, Cilantro, Black Pepper, PINTO BEAN & CARROT BLEND (Pinto Beans, Carrots, Butter Flavor Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD & C Certified Color including Yellow 5])