



FRZ000106

THREE CHEESE MACARONI AND CHEESE

Macaroni and cheese, served with seasoned carrot cuts and green peas.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (377g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 41mg
Calories: 450	Sodium: 569mg
Calories from Fat: 137	Total Carbohydrate: 61g
Total Fat: 13g	Dietary Fiber: 9g
Saturated Fat: 7g	Protein: 24g

Exclusively provided by



Allergens: Contains soy, milk, wheat, sulfites

SPECIFICATIONS

Product Code: FRZ000106
UPC: 735108506207
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 23 lb
Net Case Weight: 21 lb
Unit Weight: 1.05 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

MACARONI AND CHEESE: **CHEESE SAUCE:** water, pasteurized process cheese: cheddar and Colby cheese (milk, cheese culture, salt, enzymes), water, whey protein concentrate, skim milk, whey, sodium citrate, milk fat, salt, sodium phosphate, sorbic acid as a preservative, apocarotenal (color), with potato starch and cellulose powder to prevent caking. **Low-sodium cheese:** cultured milk, water, cream, skim milk, sodium phosphates, salt, vegetable color, (paprika and annatto extracts) sorbic acid (a preservative), enzymes, cellulose (to prevent caking), potassium sorbate and natamycin (preservatives). **Margarine** (liquid soybean oil, water, salt, vegetable lecithin, vegetable mono and di-glycerides, whey, calcium disodium edta, sodium benzoate and citric acid as preservatives, artificially flavored, colored with carotene, vitamin a palmitate added), modified food starch, mustard, water, nonfat dry milk. **MACARONI:** water, semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid. **CARROT CUTS:** carrots, butter flavored seasoning (water, natural and artificial flavoring compounds, propylene glycol, xanthan gum, FD & C certified color including yellow 5), **SEASONED GREEN PEAS:** Peas, butter flavored seasoning (water, natural and artificial flavoring compounds, propylene glycol, xanthan gum, FD & C certified color including yellow 5).

