



Nourishment. *Delivered.*

FRZ000299

MEATLOAF WITH SOFRITO SAUCE

Meatloaf with sofrito sauce, served with red potatoes and butternut squash.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



NUTRITION INFORMATION

Serving Size: 1 meal (291g)	Trans Fat: <1g
Amount per serving:	Cholesterol: 62mg
Calories: 413	Sodium: 345mg
Calories from Fat: 171	Total Carbohydrate: 45g
Total Fat: 19g	Dietary Fiber: 9g
Saturated Fat: 6g	Protein: 20g

Exclusively provided by



Allergens: Contains soy, sulfites

SPECIFICATIONS

Product Code: FRZ000299
UPC: 735108503404
Units per Case: 20
Cases per Pallet: 32
Gross Case Weight: 16 lb
Net Case Weight: 14 lb
Unit Weight: 0.70 lb
Cube: 1.3 cubic ft
Dimensions: 17 1/2"L x 13 1/2"W x 9 1/2"H
Pallet: Tiers: 8 **High:** 4



PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

Conventional Oven: Cook at 300 degrees F for approximately 30-45 minutes.

Microwave: Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

NOTE: Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

Ingredients

SOFRITO SAUCE (Tomato Puree [Tomato Paste, Citric Acid]), Water, Onions, Green Peppers, Garlic, Cumin, Oregano, Black Pepper), BEEF MEATLOAF WITH PEPPERS AND ONIONS (Beef, Water, Textured Vegetable Protein [Soy Flour, Caramel Color], Ketchup [Tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Salt, Spice, Onion Powder, Flavors], Soy Protein Concentrate, Soy Fines [Soybeans], Diced Green Peppers, Diced Red Peppers, Salt, Dehydrated Chopped Onion, Seasoning [Hydrolyzed Soy Protein, Modified Corn Starch, Sodium Phosphates, Salt, Dextrose, Yeast Extract], Caramel Color, SEASONED BUTTERNUT SQUASH (Butternut Squash, Butter Flavor Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD&C Certified Color including Yellow 5]), ROASTED PARSLEY POTATOES (Diced Skin-on Potatoes [Potatoes, Vegetable Oil {Soybean, Canola, Corn, and/or Sunflower Oils}, Dextrose, DiSodium Dihydrogen Pyrophosphate {to maintain natural color}] Butter Flavor Seasoning [Water, Natural and Artificial Flavoring Compounds, Propylene Glycol, Xanthan Gum, FD&C Certified Color including Yellow 5], Paprika, Parsley).

