

Nourishment. *Delivered.*

# CHICKEN WITH THAI GINGER RED CURRY SAUCE

Chicken with thai ginger red curry sauce, served with flat beans and carrots.

Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (282g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 55mg
<b>Calories:</b> 260	<b>Sodium:</b> 196mg
<b>Calories from Fat:</b> 81	<b>Total Carbohydrate:</b> 35g
<b>Total Fat:</b> 9g	<b>Dietary Fiber:</b> 9g
<b>Saturated Fat:</b> 3.3g	<b>Protein:</b> 19g

Exclusively provided by



**Allergens:** Contains soy, wheat, sulfites

## SPECIFICATIONS

**Product Code:** FRZ000564  
**UPC:** 735108505644  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 18 lb  
**Net Case Weight:** 16 lb  
**Unit Weight:** 0.8 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet: Tiers:** 8 **High:** 4



## PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Cook at 300 degrees F for approximately 30-45 minutes.

**Microwave:** Cook on HIGH for 5-10 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

CHICKEN BREAST FILLET WITH RIB MEAT (Chicken breast with rib meat, vegetable protein [isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin], seasoning [salt, sodium phosphates, spices, onion and garlic powder, grill flavor and vegetable oil, smoke flavoring]), THAI-GINGER RED CURRY SAUCE (Water, carrots, coconut milk [coconut cream, stabilizer blend of carboxymethyl cellulose, xanthan gum, and polysorbate 60], turkey gravy mix [water, turkey gravy mix [modified food starch, cornstarch, yeast extract, maltodextrin, dextrose, enriched bleached wheat flour {niacin, iron, thiamine mononitrate, riboflavin, folic acid}, potassium chloride, natural flavor, xanthan gum, caramel color, onion, turkey stock, partially hydrogenated soybean oil, salt, artificial color {yellow 5 & 6}, less than 2% silicon dioxide {anticaking}], modified food starch {corn}], red curry paste [canola oil, water, red jalapeno peppers, salt, sugar, tomato paste, maltodextrin, chili powder, onion powder, ginger puree {Ginger, water, citric acid}, 2% or less of garlic puree, potato starch, natural flavors {contains soy lecithin, fish sauce (anchovies, salt), datem}, modified food starch {corn}, ginger, parsley, black pepper), GREEN BEANS, CARROTS, BUTTER FLAVOR SEASONING (water, natural and artificial flavoring compounds, propylene glycol, xanthan gum, fd & c certified color including yellow 5).

