



Nourishment. *Delivered.*

FRZ000711

# CHICKEN MARSALA

*Chicken Marsala, served with potato onion soufflé and spinach and mushrooms.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (343g)	<b>Trans Fat:</b> <1g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 59mg
<b>Calories:</b> 322	<b>Sodium:</b> 260mg
<b>Calories from Fat:</b> 99	<b>Total Carbohydrate:</b> 34g
<b>Total Fat:</b> 11g	<b>Dietary Fiber:</b> 5g
<b>Saturated Fat:</b> 2g	<b>Protein:</b> 22g

Exclusively provided by



**Allergens:** Contains soy, wheat, milk, eggs

### SPECIFICATIONS

**Product Code:** FRZ000711  
**UPC:** 735108507112  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 30 lb  
**Net Case Weight:** 28 lb  
**Unit Weight:** 1.4 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet:** Tiers: 8 **High:** 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Puncture film, cook at 300 degrees F for approximately 30-35 minutes.

**Microwave:** Puncture film, cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

FULLY COOKED FORMED GRILL MARKED PATTY CHICKEN BREAST FILET WITH RIB MEAT (Chicken Breast with Rib Meat, Water, Vegetable Protein Product [Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, and Riboflavin], Seasoning [Salt, Sodium Phosphates, Spices, Onion and Garlic Powder, Grill Flavor from vegetable Oil, Smoke Flavoring]), MARSALA SAUCE (Water, Marsala Wine [Wine, Sat, Potassium Sorbate {Preservative}, Potassium Metabisulfite {Preservative}], Mushrooms [Mushrooms, Water, Salt, Citric Acid, Ascorbic Acid], Beef Gravy [Modified Food Starch, Cornstarch, Yeast Extract, Maltodextrin, Dextrose, Potassium Chloride, Enriched Bleached Wheat Flour {Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}], Beef Stock, Caramel Color, Onion, Garlic, Silicon Dioxide [Anticaking]), Modified Food Starch {Corn}, Low Sodium Beef Base [Roasted Beef and Beef Broth, Sugar, Autolyzed Yeast Extract, Corn Oil, Flavorings, Hydrolyzed Soy Protein, Potassium Chloride, Caramel Color, Maltodextrin, Tomato Powder, Disodium Inosinate, Disodium Guanylate, Beef Extract, Corn Syrup Solids, Salt, Thiamine Hydrochloride], Garlic, Onion Powder, White Pepper), ONION POTATO SOUFFLE (Water, Potato Granules [dried Idaho potatoes, color and flavor protected with sodium bisulfite, citric acid and bht, whey, monoglycerides, sodium caseinate, soy protein isolate, ascorbic acid, calcium stearoyl lactylate, calcium phosphate, calcium hydroxide, nitrogen packed], Soybean Oil, Onions, Butter Buds [Whey Solids, Natural Flavor, Maltodextrin, Dehydrated Butter {Buttermilk Powder, Butter}, Guar Gum, Annatto and Turmeric {for color}], bread crumbs [toasted bread crumbs made from enriched bread {enriched flour containing wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid}], liquid eggs, nonfat dry milk, brown Sugar, xanthan gum, White Pepper), SPINACH WITH MUSHROOMS (Spinach, Water, Mushrooms [Mushrooms, Water, Salt, Citric Acid, Ascorbic Acid], Col flo Starch, Low Sodium Vegetable Base [A blend of vegetables: Tomato Paste, Powders {Tomato, Onion, Carrot, Garlic}, Purees {Celery, Onion, Carrot}, Canola Oil, Palm Oil, Autolyzed Yeast Extract, Torula Yeast, Potassium Chloride, Salt, Sugar, Contains 2% or Less of the following: Natural Flavoring, Soy Lecithin, Extract of Carrot, Disodium Inosinate, Disodium Guanylate]).

