



Nourishment. *Delivered.*

FRZ000716

# LASAGNA

*Lasagna (with ground turkey) served with broccoli, cauliflower, and bean medley.*

*Nutritionally balanced, restaurant-inspired meals designed for home delivery programs.*



## NUTRITION INFORMATION

<b>Serving Size:</b> 1 meal (350g)	<b>Trans Fat:</b> 0g
<b>Amount per serving:</b>	<b>Cholesterol:</b> 69mg
<b>Calories:</b> 401	<b>Sodium:</b> 639mg
<b>Calories from Fat:</b> 126	<b>Total Carbohydrate:</b> 42g
<b>Total Fat:</b> 14g	<b>Dietary Fiber:</b> 7g
<b>Saturated Fat:</b> 7g	<b>Protein:</b> 26g

Exclusively provided by



**Allergens:** Contains milk, soy, wheat, eggs

### SPECIFICATIONS

**Product Code:** FRZ000716  
**UPC:** 735108507167  
**Units per Case:** 20  
**Cases per Pallet:** 32  
**Gross Case Weight:** 24 lb  
**Net Case Weight:** 22 lb  
**Unit Weight:** 1.1 lb  
**Cube:** 1.3 cubic ft  
**Dimensions:** 17 1/2"L x 13 1/2"W x 9 1/2"H  
**Pallet: Tiers:** 8 **High:** 4



### PREP INSTRUCTIONS

Heat meals to a minimum internal temperature of 165 degrees F for 15 seconds.

**Conventional Oven:** Puncture film, cook at 300 degrees F for approximately 30-35 minutes.

**Microwave:** Puncture film, cook on HIGH for 6-8 minutes, turn halfway through heating cycle.

**NOTE:** Oven & Microwave cook times may vary - modify cook times accordingly to ensure thorough cooking. For best results, verify temperatures using a food thermometer.

## Ingredients

TOMATO AND CHEESE SAUCE (Tomato Puree [Tomato Concentrate made from red ripe tomatoes, Citric Acid], Water, Diced Tomatoes [Tomato, Tomato Juice, Salt, Calcium Chloride & Citric Acid], Mozzarella Cheese [Low-Moisture Mozzarella Cheese {Pasteurized Milk, Cheese Cultures, Salt, Enzymes}, Potato Starch, Corn Starch & Powdered Cellulose {To prevent caking}, Natamycin {A natural mold inhibitor}], Parmesan Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes and Powdered Cellulose {Anti-caking agent}], Basil leaves, Oregano, Onions, White Pepper, Garlic, Sugar, Soybean Salad Oil {soybean Oil}), WHOLE GRAIN TURKEY & CHEESE LASAGNA ROLLUP [Filling: Turkey Patty Crumble {Turkey, Water, Contains 2 % or less Modified Food Starch, Salt, Natural Flavoring}, Low Moisture Part Skim Mozzarella Cheese {Cultured Part Skim Milk, Salt, Enzymes}, Low Fat Ricotta Cheese {Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid}, Water, Corn Starch-Modified, Whole Wheat Breadcrumb {Whole Wheat Flour, Sugar, Yeast, Salt, Canola Oil}, Egg, Salt, Dehydrated Garlic, Dehydrated Onion, Caramel Color, Extractives of Paprika (Color). Pasta: Whole Wheat Flour and Enriched Semolina Blend {Whole Wheat Flour, Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, riboflavin, Folic Acid}, Water, Ascorbic Acid), BROCCOLI, CAULIFLOWER & KIDNEY BEAN MEDLEY (Broccoli, Cauliflower, Kidney Beans [Kidney beans, Water, Sugar, Salt, Dextrose, Calcium Chloride added to help maintain firmness, Disodium EDTA added to help promote color retention]).

