Nutrient Analysis to Standards for 2021 5 Day TMS Cycle II - Thu, Dec 2, 2021 at 3:42:59 pm

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Baked Chicken (CAT029554)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA	DESCRIPTION		QUANTITY	UNIT OF MEASURE
CALC	FRZ000848	Diced Chicken, Gr Bean, Yel Rice w/ TomChive 20/cs	1	EACH
NAV	RM000164	Juice Apple 4oz 70/cs (D291)	1	EACH
NAV	RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC	RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	2	EACH
NAV	RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	825.6317		137.6053%
Protein	G	30.0000	37.4527	18.1450%	124.8423%
Fiber	G	7.0000	11.4084		162.9771%
Total lipid (fat)	G	20.0000	26.0264	28.3707%	130.1320%
Carbohydrate, by diff	G	75.0000	98.7720	47.8528%	131.6960%
Sodium	MG	767.0000	388.4156		50.6409%
Calcium	MG	400.0000	648.0023		162.0006%
Magnesium	MG	106.7000	152.1253		142.5729%
Potassium	MG	1566.7020	1605.9315		102.5040%
Vitamin A RAE	UG	233.0000	289.1006		124.0775%
Vitamin B-12	UG	0.8000	1.1736		146.7000%
Vitamin B-6	MG	0.5000	1.3336		266.7200%
Vitamin C	MG	25.0000	78.1350		312.5400%
Zinc	MG	2.7000	4.5872		169.8963%

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Salisbury Steak (CAT029555)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA	DESCRIPTION		QUANTITY	UNIT OF MEASURE
NAV	RM000183	Juice Orange 4oz 70/cs (D351)	1	EACH
CALC	FRZ000862	Salisbury Steak w/Gravy/Mixed Veg/Limas 20/cs	1	MEAL
NAV	RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
NAV	RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
FDC	RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	712.1007		118.6835%
Protein	G	30.0000	38.2643	21.4938%	127.5477%
Fiber	G	7.0000	18.3797		262.5671%
Total lipid (fat)	G	20.0000	21.7089	27.4371%	108.5445%
Carbohydrate, by diff	G	75.0000	99.2888	55.7723%	132.3851%
Sodium	MG	767.0000	748.0335		97.5272%
Calcium	MG	400.0000	711.1920		177.7980%
Magnesium	MG	106.7000	253.9617		238.0147%
Potassium	MG	1566.7020	2403.5843		153.4168%
Vitamin A RAE	UG	233.0000	476.7076		204.5955%
Vitamin B-12	UG	0.8000	3.1691		396.1375%
Vitamin B-6	MG	0.5000	0.7942		158.8400%
Vitamin C	MG	25.0000	47.0098		188.0392%
Zinc	MG	2.7000	6.1192		226.6370%

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Country Egg Skillet (CAT029556)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA		DESCRIPTION	QUANTITY	UNIT OF MEASURE
CALC	FRZ000584	Country Egg Skillet/Pot/Cran Apples 20/cs	1	EACH
NAV	RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC	RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	1	EACH
NAV	RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
NAV	RM001038	Pineapple Diet 4oz 24/tray (F969) (Fnsh Prod)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	919.6094		153.2682%
Protein	G	30.0000	41.4967	18.0497%	138.3223%
Fiber	G	7.0000	18.5797		265.4243%
Total lipid (fat)	G	20.0000	25.6276	25.0811%	128.1380%
Carbohydrate, by diff	G	75.0000	126.5825	55.0592%	168.7767%
Sodium	MG	767.0000	683.2726		89.0838%
Calcium	MG	400.0000	803.7099		200.9275%
Magnesium	MG	106.7000	201.2934		188.6536%
Potassium	MG	1566.7020	2290.6046		146.2055%
Vitamin A RAE	UG	233.0000	434.6710		186.5541%
Vitamin B-12	UG	0.8000	1.2691		158.6375%
Vitamin B-6	MG	0.5000	1.0179		203.5800%
Vitamin C	MG	25.0000	94.7729		379.0916%
Zinc	MG	2.7000	5.2527		194.5444%

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Pork Riblet in BBQ Sauce (CAT029557)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
CALC FRZ000863	BBQ Pork Riblet w/MashSwtPot/Mixed Veg 20/cs	1	EACH
NAV RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
FDC RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	2	EACH
NAV RM001032	Mandarin Oranges 4 oz 24/tray (F923) (Fnsh Prod)	1	EACH
NAV RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	774.1475		129.0246%
Protein	G	30.0000	37.7171	19.4883%	125.7237%
Fiber	G	7.0000	16.0241		228.9157%
Total lipid (fat)	G	20.0000	22.6525	26.3351%	113.2625%
Carbohydrate, by diff	G	75.0000	129.3472	66.8334%	172.4629%
Sodium	MG	767.0000	703.8816		91.7707%
Calcium	MG	400.0000	700.2550		175.0638%
Magnesium	MG	106.7000	155.8683		146.0809%
Potassium	MG	1566.7020	2419.3111		154.4206%
Vitamin A RAE	UG	233.0000	998.4928		428.5377%
Vitamin B-12	UG	0.8000	1.7736		221.7000%
Vitamin B-6	MG	0.5000	1.0158		203.1600%
Vitamin C	MG	25.0000	50.0371		200.1484%
Zinc	MG	2.7000	3.7465		138.7593%

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Veal Chop (CAT029558)

2017 Florida Regulations - FEMALE 70+ FLORIDA - Lunch

NUTRITION DATA	DESCRIPTION	QUANTITY	UNIT OF MEASURE
CALC FRZ000725	Veal Chop, Must Sge Sce, Pot, Mshd Butternut 20/cs	1	EACH
NAV RM000382	Bread Whole Grain 800/cs (B194A) (Fnsh Prod)	1	EACH
NAV RM000706	SunMeadow Milk (1%) 8 oz 35/cs (G391A)	1	EACH
NAV RM002727	Applesauce Cinnamon 4oz 96/cs (64p)(1408TL)	1	EACH
FDC RM000713	Margarine Cup Sunyland 900/cs 84/pl (H190) (84p)	2	EACH

NUTRIENT	UNITS	STANDARD	NUTRIENT VALUES	% OF CALORIES	% NUTRIENT STANDARD
Energy (kcal)	KCAL	600.0000	747.9547		124.6591%
Protein	G	30.0000	33.2129	17.7620%	110.7097%
Fiber	G	7.0000	11.8966		169.9514%
Total lipid (fat)	G	20.0000	21.8339	26.2723%	109.1695%
Carbohydrate, by diff	G	75.0000	109.7300	58.6827%	146.3067%
Sodium	MG	767.0000	530.0436		69.1061%
Calcium	MG	400.0000	623.9539		155.9885%
Magnesium	MG	106.7000	119.7108		112.1938%
Potassium	MG	1566.7020	1822.4429		116.3235%
Vitamin A RAE	UG	233.0000	406.1905		174.3307%
Vitamin B-12	UG	0.8000	1.1736		146.7000%
Vitamin B-6	MG	0.5000	0.7005		140.1000%
Vitamin C	MG	25.0000	65.4122		261.6488%
Zinc	MG	2.7000	3.3965		125.7963%